



THE OLD SCHOOL  
**HENSTEAD**

INDEPENDENT PREPARATORY SCHOOL



# *Henstead Headlines*

Autumn Term  
19th December 2025



Over the last week of term, there was a lovely sense of anticipation and celebration around the school. With assessments completed, pupils were able to enjoy a more relaxed pace and take part in the festive activities that make this time of year so enjoyable at Henstead.

We would like to thank our parents for your continued support throughout the term. Your partnership with the school is greatly valued and makes a real difference to our pupils each day. We wish all you a very merry Christmas and a peaceful, happy New Year. We look forward to welcoming everyone back in the spring term.

- Mrs Sonn



## *Key Dates:*

**Tuesday 6th January - Spring term begins**

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Full details regarding each of these events will be provided nearer the time and more dates will be added weekly.





## *Art Club*

Art Club continues to be just as popular, even when the weather means sessions need to move indoors. Pupils of all ages have enjoyed spending time sketching and creating together, inspired in particular by Emma, whose enthusiasm and creativity have encouraged others to take up drawing and explore their own ideas. It has been lovely to see pupils sharing skills, supporting one another and enjoying the creative process.





# Nursery

## A Visit from Dr Curtis and Evie

We were delighted to welcome Esmerelda's mummy, Dr Curtis, and her assistant, Evie, for a special session all about looking after our teeth. The children gathered together and listened with great interest as Evie demonstrated how to brush teeth correctly using a friendly tiger toy. They were fascinated watching her show how to reach every part of the mouth, and many children eagerly joined in conversations about their own brushing routines.

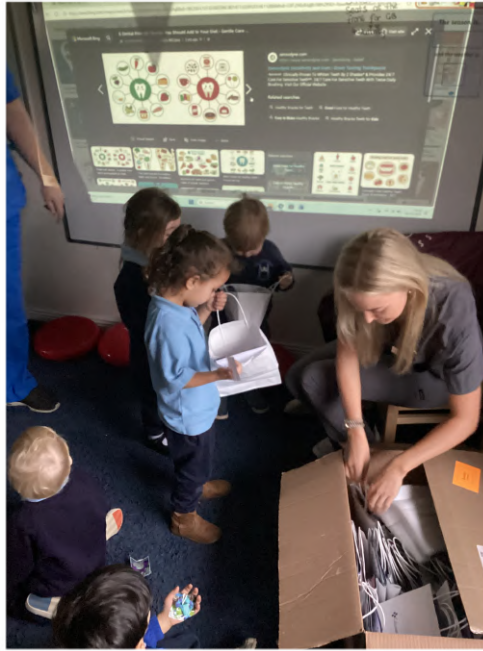
Evie explained why brushing twice a day is so important, helping the children understand how to keep their teeth healthy and strong. It was lovely to hear the children confidently share their own experiences of brushing at home.

To finish the visit, Evie kindly gave each child a goody bag, much to everyone's excitement! The children enjoyed exploring the items inside and were very proud to take them home.

- Miss Doughty











# *Nursery Nativity*











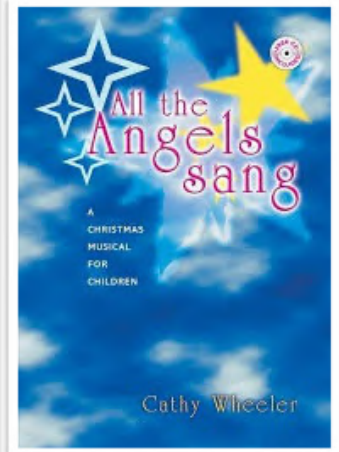
# *Reception to Year 4 Nativity*















# *Carol Service*







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# Christmas Party

Our Christmas party was a fun way to end the term and was enjoyed by all the children. The afternoon included bowling, face painting, a fishing game and making reindeer food, with Pin the Nose on Rudolph raising plenty of smiles. A festive disco rounded off the celebrations.

It was a lovely way to finish the term together - an elf-tastic end to the Christmas celebrations!











# *Christmas Lunch*

Our Christmas lunch was a lovely occasion and enjoyed by everyone. The children and staff came together to share delicious food, pull Christmas crackers and enjoy the festive atmosphere.







## Mascots

**Mascot winners were:**

**Reception** - Henry for his enthusiastic approach to learning

**Year 1/2** - Amelie for being kind and helpful to her friends

**Year 3/4** - Ottilie for her lovely singing in the nativity rehearsals

**Year 5/6** - Izaak for excellent teamwork and leadership skills



## Good Manners

Our Good Manners Awards celebrate pupils who consistently show kindness, politeness and consideration for others. These awards recognise intrinsic motivation - doing the right thing not for reward or recognition, but because it is the right thing to do.

This term's winners were Izaak, Anna, Vincent and Henry.

Well done to all of you!







## *Gold Winners*

Congratulations to our pupils - Beatrix and Amelie - who have achieved the highest number of Golds this term. Golds are awarded for a wide range of achievements, including sustained effort, resilience, excellence in work and consistently espousing our school values. We are very proud of all the children who have earned this recognition through their commitment and positive approach life at Henstead.







## *Lunch Menu - w/c 5th January*

**MONDAY**

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**TUESDAY**

Homemade pitta pizza with a choice of toppings

**WEDNESDAY**

Roast chicken, new potatoes and seasonal vegetables

**THURSDAY**

Beef burger and potato wedges

**FRIDAY**

Cheese and potato puff pie with seasonal vegetables

Dessert of the week

Soup served daily

Salad/fruit bar and yoghurt

*Alternatives for vegetarian, vegan and food intolerances.*





## *Lunch Menu - w/c 12th January*

<b>MONDAY</b>	Jacket potato with cheese, beans or tuna <b>Nursery: Pesto pasta</b>
<b>TUESDAY</b>	Chicken fillets with chips and seasonal vegetables
<b>WEDNESDAY</b>	Sausage, mash & peas
<b>THURSDAY</b>	Homemade pizza with a choice of toppings
<b>FRIDAY</b>	Homemade sausage roll with potato wedges and corn on the cob  Dessert of the week

Soup served daily  
Salad/fruit bar and yoghurt

*Alternatives for vegetarian, vegan and food intolerances.*





## *Social Media*

See the magic of Henstead – follow us on **Facebook & Instagram!**

Want to see what our pupils are up to? Follow us on Facebook and Instagram for updates from school, trips, and special events.

It's a fun way to stay connected and see all the exciting moments happening at Henstead.



Instagram – [@theoldschoolhenstead](https://www.instagram.com/theoldschoolhenstead)



Facebook – [@theoldschoolhenstead](https://www.facebook.com/theoldschoolhenstead)





*We wish you all a merry Christmas  
and a happy New Year!*



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