



THE OLD SCHOOL HENSTEAD

INDEPENDENT PREPARATORY SCHOOL



School Newsletter
Spring Term
19th January 2024



What a chilly beginning of term we have had! Coats, hats, gloves and scarves were certainly needed this week! We are looking forward to warmer days and increasing daylight.

It is wonderful to see how swiftly the children have settled into the routine of school life. It has been a very exciting start for the Nursery and Reception children, with a visit from the ambulance and the police service last week. An introduction to the emergency services is so very important to ensure the safety and well-being of our boys and girls. Please ensure that your children can confidently respond to emergency situations and know how to call for help. This is also being reinforced for our older children in the First Aid Club, with pupils learning how to call the emergency services and this week learning how to give basic life support.

We are also enjoying the ever-increasing number of new children joining our nursery and have loved seeing those already at Henstead making them feel welcome and playing with them. This certainly is a very special school to be at!

- Miss Clifton



Key Dates:

Monday 22nd January - School Photographs

Friday 16th February - Finborough Cross Country

Monday 19th Feb - Friday 23rd Feb - Half Term

Thursday 7th March - World Book Day

Thursday 21st March - Easter Service

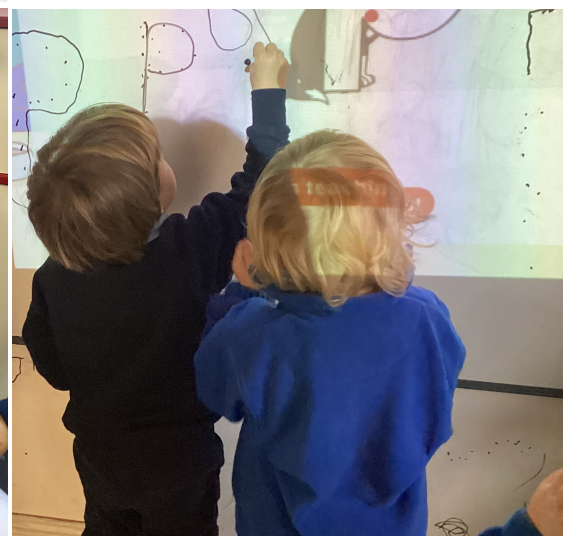
Full details regarding each of these events will be provided nearer the time and more dates will be added weekly.



Nursery

This week in nursery, we noticed that the children are particularly drawn to mark-making! We have seen some wonderful pictures being drawn and even friendships starting to form around the mark-making area as children chat with each other as they work. Our preschool children have been impressing us with their letter formation during our phonics sessions and are keen to put this into practice when they are playing too, Well done team!

- Mrs Braidwood

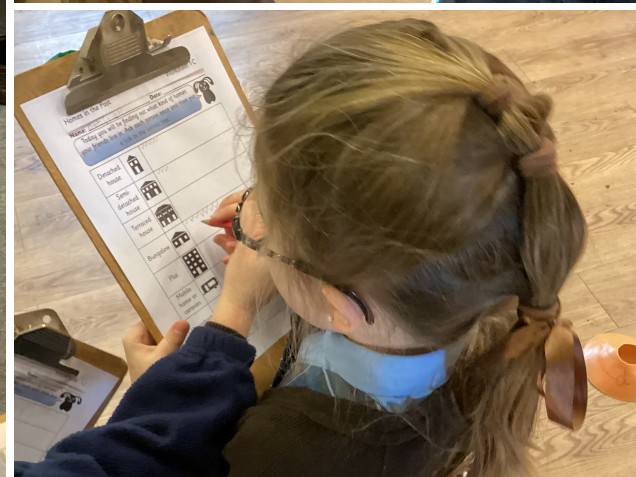
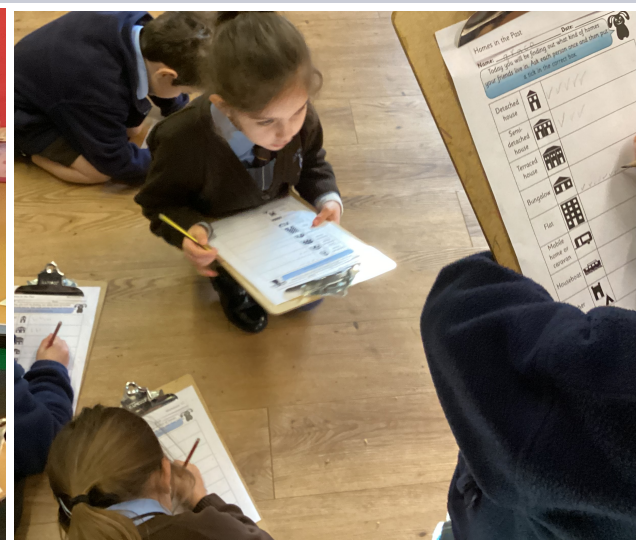




Year One

In our topic on Homes we have taken a peek into the doors of the past and discovered the history of homes. We have investigated homes 'then' and 'now' by looking at the features of a variety of different types of homes from Medieval times to Victorian times.

The children all carried out a survey to see what types of houses the school community lived in, ranging from a detached house to a castle or tent! The children are looking forward to an educational trip to see what a Victorian household would have been like. - Mrs Dakin

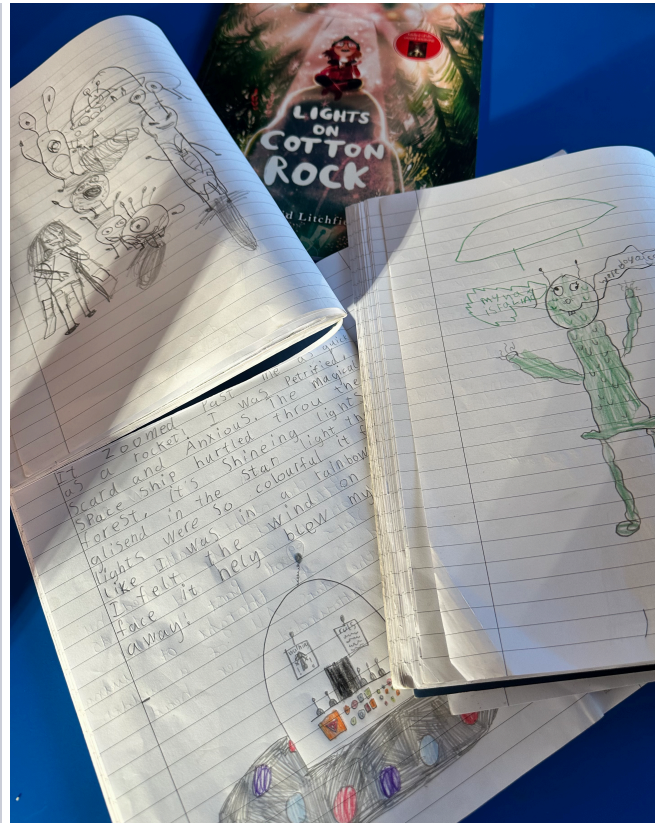




Year Three

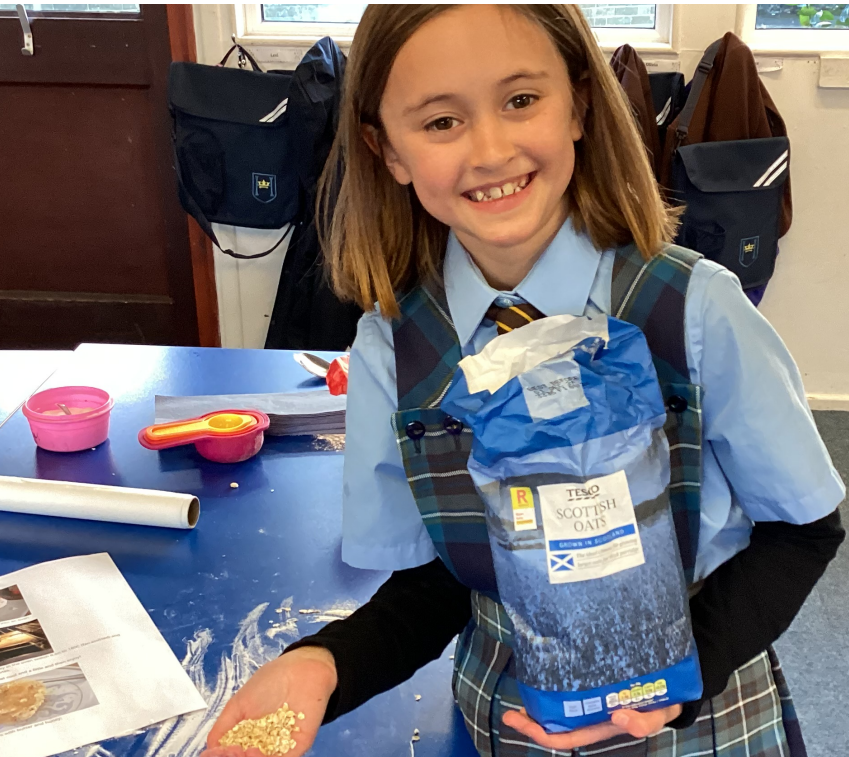
This week Year Three has been exploring David Litchfield's 'Lights on Cotton Rock'. Through our exploration of the book we have been practising personification, expanded noun phrases, similes and metaphors in order to make our writing as exciting as we can. The Alien space ship has just arrived in a burst of multicoloured lights. We look forward to sharing the story with you further as we get into the book a little more.

- Miss Bennie





Year Five



This half-term we are exploring 'Viking science' in science lessons. No, we're not running around terrifying the residents of small villages in North Suffolk! We are learning about how chemistry, biology, physics, technology and engineering helped shape Viking society.



This week we made our own delicious (so I'm told) bread and butter, just like the Vikings would have done, while also learning about the modern production of dairy foods. An educational and tasty lesson!



- Mrs Sonn



After School Clubs

The **First Aid Club** have been focusing on basic life support, looking at carrying out a preliminary survey and then putting the patient into the recovery position. It was a lot of fun!!



In **Arts and Crafts Club**, the children all enjoyed painting and decorating their Peg Snowmen with scarves and even some headphones!





Cookery Lessons

Years 4 and 5 enjoy their first cookery lesson of the term and make delicious pitta pizzas.





Our School Day

May we respectfully remind you of the timings for morning drop off in classrooms and pick up at the gate after school.

Nursery - 8:30am - 3:30pm

Reception to Year 2 - 8:35am - 3:35pm

Years 3 to 6 - 8:35am - 4:10pm

Could we please ask that in the mornings children (Reception to Year Five) wait in the corridor of their classrooms or outside, with parents until class teachers arrive to open the classroom at 8.35am. At the end of the day, teachers will bring children to the school gates.

Breakfast club is available from 7:45am

Prep for juniors is available until 4:10pm

After school prep is available until 5:30pm

At the end of the school day, the carpark is very busy with cars coming and going so can we please ask that children stay with parents after handover at the gate for their safety.



PTFA MEETING

**THURSDAY 25TH JANUARY
4.10PM**

YEAR 4 CLASSROOM

**PLEASE COME ALONG AND JOIN US
TO DISCUSS FUNDRAISING EVENTS
FOR THE YEAR AHEAD!**



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School Mascots

Mascots were awarded this week to the pupils best demonstrating our school values for this half term: Empathy and Experimenting.

Well done to all of our mascot winners from this week:

Reception - Oliver
Year One - Grace
Year Two - Margot

Year Three - Jonah
Year Four - Max
Year Five - James





Lunch Menu - w/c 22nd January

MONDAY

Chicken Korma with Rice and Naan
Bread and Salad Bar
(A,b,d,g,i,n)

TUESDAY

Tomato and Roasted Vegetable Pasta
Bake with Garlic Bread and Salad Bar
(a,b,d,g,i)

WEDNESDAY

Jacket Potato Bar with Tuna Mayo,
Cheese and Baked Beans and Salad Bar
(a,b,d,g,i)

THURSDAY

Toad in the Hole served with Seasonal
Vegetables
(a,b,d,e,g,i,m,n)

FRIDAY

Breaded Cod served with Chips,
Garden Peas or Baked Beans and Salad
Bar
(a,b,d,e,g,i)

Daily - Selection of Fresh Fruit, Yoghurts, Cheese and
Biscuits with a Sweet Treat on a Friday (g,b)

Alternatives for vegetarian, vegans and food intolerances.

(a=celery, b=gluten, c=crustaceans, d=eggs, e=fish, f=lupin, g=milk, h=molluscs,
i=mustard, j=nuts, k=peanuts, l=sesame seeds, m=soya, n=sulphur dioxide)



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