



THE OLD SCHOOL HENSTEAD

INDEPENDENT PREPARATORY SCHOOL



School Newsletter
Autumn Term
15th September 2023



Welcome Back!

We hope you have enjoyed a lovely summer break. It has been wonderful to welcome our children back into school and to hear about all that they have been up to over the summer break. A special welcome to our new pupils, who have settled into their classes so well. The children have come returned to school with such a positive attitude and are clearly happy to be here – seeing their friends again and settling back into school routines.

We look forward to an exciting term ahead.

- Miss Clifton



Key Dates:

Monday 18th September - Jeans for Genes Day

Friday 22nd September - Under 11's Hockey v Norwich High School, at Goals Norwich

Thursday 28th September - Harvest Festival, St Mary's Church, Henstead

Friday 20th October - Open Morning

Monday 23rd October to Friday 3rd November - Half Term

Thursday 9th November - Remembrance Service at St Mary's, Henstead

Full details regarding each of these events will be provided nearer the time and more dates will be added weekly.



Nursery

It has been a wonderfully creative week in the nursery. The children have been spending a lot of time in the art area exploring different textures, tools and paints. We have even experimented with painting on abnormal objects to see how it feels different to painting on paper. It seems some new friendships may have sprung up in the process too!

- Mrs Braidwood





Year One

The children have all been so enthusiastic and excited to start in Year One! They are really enjoying their learning, demonstrating confidence and creativity.

In Maths we have looked at symmetrical patterns on butterflies and drawn lines of symmetry on 2d shapes, trying to make sure the line is drawn to make the shape equal on both sides.



We also made butter biscuits this week. All the class had a stir of the ingredients and kneaded the mixture to form a dough ready for rolling.

Well done Year One. I am so pleased with all of you.

- Mrs Dakin





Year Three



This week we have been focusing on our new story 'Arthur and the Golden Rope'! We have been talking all about the unlikeliest heroes – what they look like and how they act. We can't wait to find out what happens in the rest of the story.

- Miss Bennie





Year Five

The boys and girls in Year 5 have made a great start to their learning and I have been impressed with their focus and enthusiasm in the core subject lessons of English, maths and science. In English we are reading *The Iron Man* and exploring themes of prejudice, tolerance and friendship. Maths sees us looking at place value, one of the basic concepts underlying many mathematical processes. Lastly in science we are exploring the Earth and space and the way that ideas about the solar system have developed. Phew - and we're only 8 days in! Bravo on an excellent start to Year 5!

- Mrs Sonn





Instrumental Lessons

A reminder to parents of children in Year One and above, that weekly individual instrumental lessons are available to pupils on piano, violin and guitar at a cost of £12 per lesson with our instrumental tutors, Mrs Lincoln and Miss Bullen. There are a small number of places still available. Please contact Mr Spencer (v.spencer@theoldschoolhenstead.co.uk) if you would like further details.



Jeans for Genes 2023

We will be taking part in this year's Jeans for Genes, on Monday 18th September. All children are invited to wear their jeans (or item of denim clothing) and a top of their choice on **Monday 18th September** and bring in with them a £1 donation towards this fantastic charity.

1 in 25 children have a genetic condition that makes life very challenging for them. Jeans for Genes works with schools, companies, and individuals all over the UK to support children and their families affected by genetic conditions. Together, through awareness and fundraising, we can help make a difference to their lives.



Lunch Menu - wc 18th September

MONDAY	Chicken Kebabs in Flatbread and Salad Bar (a,b,d,g,i)
TUESDAY	Spaghetti and Meatballs with Mozzarella Focaccia and Salad Bar (a,b,d,e,g,i,m,n)
WEDNESDAY	Roast Chicken, Yorkshire Pudding, Stuffing and Roast Potatoes, served with Seasonal Vegetables (a,b,d,g,i)
THURSDAY	Pork and Apple Burger, served with Herby Diced Potatoes and Salad Bar (a,b,d,g,i)
FRIDAY	Fish Cakes served with Chips, Garden Peas or Baked Beans and Salad Bar (a,b,d,e,g,i)

Daily - Selection of Fresh Fruit, Yoghurts, Cheese and Biscuits with a Sweet Treat on a Friday (g,b)

Alternatives for vegetarian, vegans and food intolerances.

(a=celery, b=gluten, c=crustaceans, d=eggs, e=fish, f=lupin, g=milk, h=molluscs, i=mustard, j=nuts, k=peanuts, l=sesame seeds, m=soya, n=sulphur dioxide)



School Lunches

Our full, four week rotating lunch menu for the term is available to view on our website. Next week we will be on **Week 2**.

Everyday there is a lunch option which includes salad, fresh fruit and yoghurts with alternatives for vegetarian, vegans and food intolerances.

Mrs Guildea, our school cook, is fantastic at encouraging the children to try new foods, but will also have alternatives if she knows it is a meal they don't enjoy. This week we had some cheese-free pizzas for the children who prefer it that way.





Church Services

Throughout the year we hold Church Services at St Mary's Church, Henstead. Children from Reception upwards will attend church, with families also welcome. This term we have our Harvest Festival, Remembrance Service, evening Carol Service and School Nativities.

We ask that on the mornings of church services, children are taken by parents/guardians directly to church, unless of course you are unable to attend. If this is the case, you may drop them at school at the normal start-of-day time and they will be taken to church and back to school on the minibus.

Full details, timings and transport arrangements will be sent out in advance before each church service.





School Council

Today is International Day of Democracy and this year's theme is "empowering the next generation." It focuses on young people's vital role in advancing democracy and ensuring that their voices are included in the decisions that have a profound impact on their world. What better way to mark this important event than to announce the names of our new school councillors for this term, who will play their part in shaping school life for themselves and their fellow pupils.

Congratulations go to the following new councillors:

Year 1: Ottilie M and Florrie

Year 4: Max

Year 2: Aurora and Anna

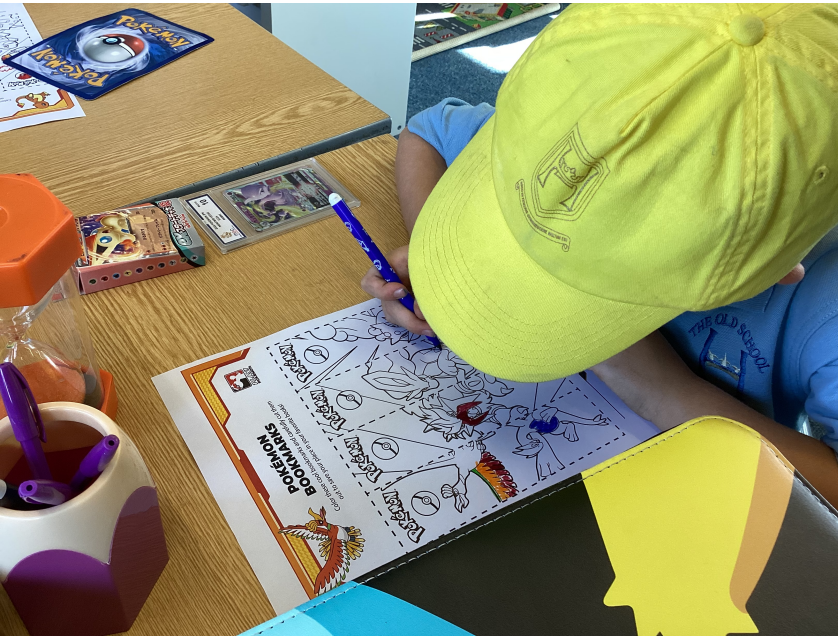
Year 5: Monty

Year 3: Emma and Lucy



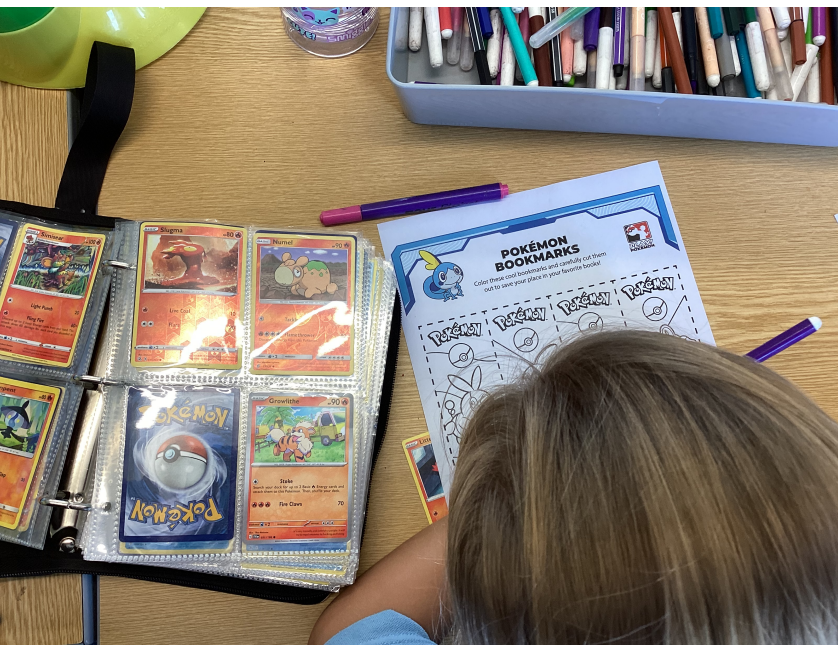


Pokemon Club (Junior After School Club)



Pokémon Club started this week. We first made up our own Pokémon character names for ourselves. Names such as 'Sweet', 'Fire', 'Chompet', 'Chariarazard', 'Mega Charmander' and 'Pikachu Peek'! We have started making our own Pokémon bookmarks. More fun and games next week.

- Mrs Dakin





School Mascots

Our new school mascots have been making their way home with the children for a week of adventures!

Mascots were awarded this week and last to the pupils best demonstrating our school values for this half term; confidence and creativity.

Well done to all of our mascot winners from this week and last:

Last week;

Reception - Hugh	Year Three - Emma
Year One - Florrie	Year Four - Lexi
Year Two - Rose	Year Five - Monty and Layla

This week;

Reception - Halle	Year Three - Edie
Year One - Reuben	Year Four - Araminta
Year Two - Teddy	Year Five - Emily



Achievements

Ottillie had a very busy weekend and wanted to tell her friends at school all about it! Last Saturday she took part in Suffolk Churches Ride and Stride. She cycled 7.3 miles and visited 5 churches! In doing so, she alone raised well over £300 for Suffolk Historic Churches Trust.

Here is a photo of her at her final church, Henstead! Well done, Ottillie, what an amazing achievement!



Do you have any recent achievements in a club or activity outside of school?

We would love to hear about them and share with the school community.

Please email them to:

office@theoldschoolhenstead.co.uk



@theoldschoolhenstead



@theoldschoolhenstead



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