



The Old School Henstead

Newsletter

Summer Term 2019 Issue 4 17 May 2019



Calendar for next week

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| Monday 20 May | Assembly about CCHS Charity Year 3 visit to Jimmy's Farm |
| Tuesday 21 May | 1.30 Nursery, Reception & Year 1 Swimming 2.15 Years 4,5 & 6 Swimming 2.30 Years 2 & 3 Gymnastics |
| Thursday 23 May | 1.00 Year 5 Rounders v Sir John Leman (A) |
| Friday 24 May | The Henstead Hike Half Term Begins |

Dates for your diary

| | |
|------------------|-------------------|
| Monday 3 June | Term Resumes |
| Saturday 22 June | Henstead Golf Day |

Message from the Headmaster



As we get ready for our annual **Henstead Hike** next Friday - which parents and grandparents are welcome to join - we are delighted that members of the Gulliver family will be visiting our assembly on Monday to tell us about the CCHS UK charity and how it supports their family. May we encourage you to read page 2 and to sponsor pupils generously so that we may help make a difference. CCHS is such a rare condition that the charity does not have the high profile of many others, therefore we would be most grateful for your support. The whole school is participating in the walk, joining at age-appropriate points along the 13-mile route. It is always a great day of challenge and fun for the Henstead community. *Mr McKinney*

Open Morning.

Thank you for all your support at today's Open Morning. The sun broke through the clouds and the children's enthusiasm shone for all to see.



Henstead Hike 2019.



The **Henstead Hike** is a tradition which has become one of the many exciting dates to look forward in our busy school calendar. A chance for the pupils to hike alongside their friends, families and teachers as they raise money for an important cause. This year we are raising money for CCHS UK - a charity which supports a Henstead family.

Congenital Central Hypoventilation Syndrome (CCHS) is a rare genetic condition that affects less than 2,000 people worldwide.

It affects the proper functioning of the body's autonomic nervous system, but most severely the control of breathing. People with CCHS rely on long term artificial ventilation to survive, always during sleep but sometimes when awake.

Isaac G's sister Emma was unexpectedly born with CCHS in February 2016.

She spent over nine months in hospital, between the Norfolk and Norwich Hospital and Great Ormond Street in London. She still visits both hospitals regularly for studies, check ups and during periods of illness.

CCHS UK is the UK-based charity that supports people affected by CCHS. The charity provides networking opportunities through family conferences and social days as well as advocacy, education and research.

The walk (approximately 13 miles) will start at the Flora Tea Rooms, Dunwich and finish at The Old School Henstead. (Children will be bussed to the start point unless it is more convenient for parents to drop off directly). A schedule of the route and timings for each year group will be issued separately. Pupils join at age-appropriate points along the route. Parents, grandparents and other family members are warmly welcomed to join us on the day.

Please donate online at:

<https://uk.virginmoneygiving.com/OldSchoolHenstead> or give your donation to the pupil to hand in at the office. (Cash or cheques to form teachers. Cheques should be made payable to The Old School Henstead Educational Trust Limited. All monies raised will be passed on to CCHS UK) Gift Aid options are available by donating online.

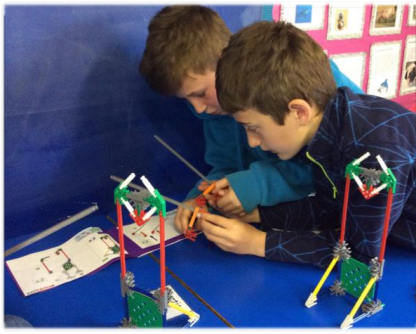
There will also be CCHS UK wristbands available next week from the office, for a donation of £2, to wear on the walk.

Thank you in advance for your generosity, particularly as the CCHS UK charity directly supports one of our Henstead families.

To understand more about CCHS, here is a link to a short child-friendly cartoon, explaining the condition:

<https://vimeo.com/163962315>



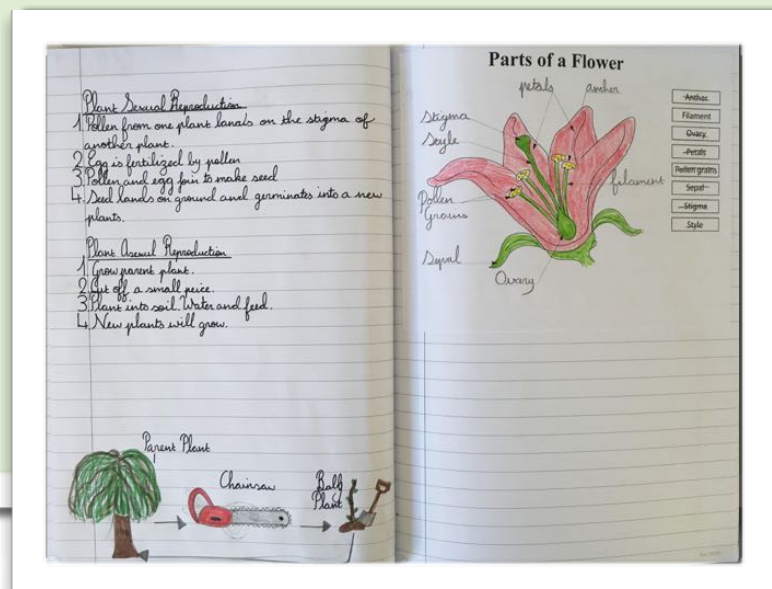


The boys and girls of The Old School Henstead have been continuing to enjoy the many aspects of science learning on offer. Science, in recent times, has been given a push in our school's curriculum as it is a subject that not only leads to important future learning at senior school, but also allows the pupils to understand more of the world around them. We value science for its capacity to help us marvel at phenomena that seem impossible to understand. We like to make science engaging, accessible and relevant to the boys and girls in the classroom, around the school, and in our local area. We also like to connect our science learning with other curriculum areas where possible.

Reception have recently been examining air and the effects of pollution around us. Experiments have included using balloons and straws to replicate lungs, as well as creating habitable hotels for bugs - trying to give them "good air." Year 1 has been focusing on the botanical parts of flowers and understanding how pollination works. Soon, within the same plant unit, Year 1 pupils will be planting beans to observe their growth. Year 2 has initiated some independent research into a self-selected animal. Great discussion has

been had about the features of different animals, and a top trumps-style game has ensued after deciding which animal would dominate the other. The Year 3 scientists have been experimenting with magnets. After trying different materials to test magnetic attraction, as well as making their own magnetic mazes, the pupils have learned that the earth has a giant magnet at its core! Year 4 has been learning about herbivores, carnivores and omnivores in the context of teeth, digestion and the food chain. Year 5 has been well and truly engaged in learning about life cycles around us. They have examined the life cycle of mammals, birds, amphibians and reptiles and seen the similarities and differences between these classes of animal and humans. On top of this, they have done some revision work around life cycles of plants and examined sexual and asexual reproduction of plants (including propagating willows at home from the parent plant at school). Year 6 has worked on a new topic to the science curriculum this year: levers, pulleys and gears. The pupils have seen how these tools make our jobs easier and they have had the opportunity to make their own using K'nex.

Mr Jensen



Fantastic Gymnastics.



Another week of excitement for the boys and girls of Henstead as they moved in all manner of ways at the Gym this week. Under the careful guidance of the instructors, the children bounced, flipped, cartwheeled and glided gracefully around showcasing some superb technique and precision. The photographs show Years 2 and 3 in action.

The currency of choice this week was enthusiasm and smiles, which paid off well as the pupils listened to and watched closely some well-structured sessions. What interests me greatly is how excellently the children demonstrated resilience. Inevitably, learning how to perform complex movements can be a lengthy process. Many falls and trips occur on the road to full mastery. Despite this, the children always rise above any hurdles along the way, which explains why their progress has been so steady and consistent.

Yet again, the children's conduct and manner were on display to the public, met by smiles and praise.

Well done again this week.

Mr MW Hunt



Nursery News.



The weather blessed us with blue skies and sunshine this week as we took two trips out by school minibus.

We spent one day in Thetford Forest, talking about the changes since we were last there in the autumn. The children used their eyes, ears and noses and made some good observations about the natural surroundings. Apart from walking around the forest tracks, the children had a chance to use their muscles by climbing the fabulous play equipment on offer.



The second trip was to Reydon Woods. As well as enjoying the sight and scent of the beautiful bluebells, there was a literacy focus for this trip. The children had been enjoying the story of "Bog Baby" and in the woods there were plenty of bogs to investigate. The children were delighted to find their own bog baby as well as some frogs and newts. Eddie summed up the trip by saying "it's like we are inside the book!"

Mrs Vorster and Miss Butcher



Nursery Star of the Week

Wilfred has the honour of having Tilly for sleepover this week. Tilly has noticed the huge effort you have been making to be a kind and helpful friend.





Reception Roundup.



As we embrace our outdoor learning opportunities, growing, wildlife and creativity have been in plentiful supply and the children have enjoyed building their own 'Old School-Bug Hotel' with its very own spa! We invite you all.

created much excitement as the week drew to a close and the children came into school dressed in clothes of their own choice for a non-uniform PTFA fundraising day.

Mrs Scriven



Getting up close to nature is a real passion for the Reception children and we have been delighted how this interest has inspired literacy, maths and art lessons. We are proud to say that the creation of the Bug Hotel was entirely made up of recycled materials that we found on the school grounds. Some tricky moving tested our team work and communication skills as we negotiated gates and heavy materials.



Swimming and games lessons this week have been a pleasure to watch as the children flourish with independence and confidence - we cannot wait for the swimming gala and sports day where they will have the opportunity to put their year of hard work into action.

Sun hats and sun cream this week were needed and it



Buchmesse.



The footfall in the Book Fair this week has been tremendous, with our young readers queuing with enthusiasm ahead of the daily opening time during lunch breaks and taking advantage of the 'three for the price of two' offer from the whole range of titles. Surprisingly some of the runaway successes of most recent fairs have done less well than diehard titles like *Captain Underpants*. Could David Walliams be on the wane? Academic perhaps, as long as those pages are turning in the magical absorption of a good read! Sales passed the £565 mark, earning the school around £170 worth of books in commission (about 52 books) for our class libraries. Thank you all for your wonderful support. *Mr Butcher*

Reading Buddies.



Year One pupils have been enjoying visiting the Nursery on Thursday afternoons to read books to the Nursery children. This buddy reading time is a highlight of the week and helps boost confidence in reading aloud. *Mrs Loader*



Mascot Awards.

Mascots were awarded this week to the pupils best demonstrating our school values for this half term - **Teamwork and Thinker:**

Reception: Rohan for thinking about how to lead a team whilst creating our bug hotel.

Year 1: Raef for a real development in his team-working skills.

Year 2: Samuel for being a good role model to his peers.

Year 3: Bobby for demonstrating excellent thinking and teamwork skills in his first weeks at his new school.

Year 4: Caleb for his teamwork skills and organisation on the Year 4 residential.

Year 5: Imogen F-T for thinking in-depth about the construction of elements within the Periodic Table.

Year 6: All of Year 6 for their support and organisation of the Book Fair.



Pony Club Jumpers



Pony Club sweatshirts are available from the Uniform Shop, if any new members of The Old School Henstead Pony Club are interested to purchase one for wearing at our Pony Club and for attaching their Pony Club badges earned during their lessons.



Golf Day



We are holding a Golf Day for parents on Saturday 22 June, start time to be confirmed. If you are interested, please see Mr Hunter. It is usually a great day and Mr Ayres will be defending his title!

Bag2School



Thank you for all your donations for Bag2School. We are most grateful for your generosity.

Thank You



A huge thank you from the PTFA for your generous and imaginative gifts and prizes for our upcoming Summer Fayre on Wednesday 26 June, immediately following Sports Day. Save the date!

UNIFORM SHOP

Opening Times
Term Time

Mondays 8.15-9.15
Thursdays 3.15-4.15



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