



The Old School Henstead

Newsletter

Summer Term 2018 Issue 5 25 May 2018



Calendar for next week

Monday 28 May - Friday 1 June Half Term

Dates for your diary

Monday 4 June

Tuesday 5 June

Wednesday 6 June

Thursday 7 June

Term Resumes

1.30 Nursery, Reception and Year 1 Swimming

2.15 Years 4, 5 & 6 Swimming

2.30 Years 2 & 3 Gymnastics

9.30 Year 6 Boys & Girls Kwik Cricket at Denes Oval

2.00 Under 11 Cricket At Riddlesworth Hall School

Outdoor Education Camp Years 3-6 (all day & overnight camping)

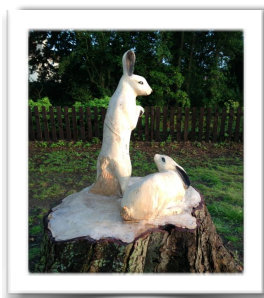
Save these dates

Saturday 23 June

9.45 Open Morning (Half day school with programme of activities)

2.00 Henstead Golf Day (save the date!)

Message from the Headmaster



After an amazing week of physical fundraising challenges, with our parental team successfully completing the the 15-peak *Wales 3000ers* and both pupils and parents undertaking the 10-mile *Henstead Hike* today, we wish you all a restful half term. Thank you all for your wonderful support and generous donations.

Sponsorship funds may be returned after half term or via our fundraising page:
<https://uk.virginmoneygiving.com/OldSchoolHenstead>.

Mr McKinney

Outdoor Education Camp Thursday 7 June.



On Thursday 7 June Years 3-6 will enjoy an outdoor education day of exciting activities, followed by camping in the school grounds.

Further details will be sent out after half term.

Wales 3000ers Challenge.



Conditions could not have been more favourable as the Wales 3000ers team of parents set off from The Old School Henstead. Indeed, the team was blessed with weather over the three days that was by no means typical of that experienced by many (Mr M included) in the Snowdonia National Park. A two vehicle system was essential to the plan, dropping a vehicle at the end of the route on the way to the start point - Lloyd piloted a Delorean-like carrier of enormous capacity and imaginary handbrake, Dan the unclampable (wheels too big) gadgetified Land Rover. Safely arrived at our base in Betws y Coed, there was much discussion of kit, layers and the severity of the challenge. The route on Monday was a high level mountain walk across the Carnedd northern range that included seven of the fifteen peaks over 3000 feet. The start from the village of Bethesda is at low level in the Ogwen Valley and the day began with a sustained, hot and energy sapping ascent to reach the bouldery, most northerly summit of Foel Fras - it was a three hour climb and Mr M was not expecting Christmas cards from Mel and Jude by the top, even though highlights on the way included a sighting of some of the only properly wild ponies in the UK for Jude and the rescue of a wayward Welsh sheep by Martin (chivalry à la RM.) Matt climbed strongly, using a bionic knee and won the Mr M award of the day for recounting the best child argument in the car ever - ask him!

Post lunch and a tightening of the boots, we set off down the range, taking in Carnedd Gwennllian and Foel Grach. The serious nature of the terrain was underlined to the team by a short detour to view that emergency refuge built by the

National Park and mountain rescue. At this point, the hottest part of the day, it was necessary to descend and climb back up onto the ridge, as Yr Elen, an outlying summit, had to be included. The niceties of Welsh nomenclature had disappeared and Yr Elen (Peak 4) was conquered, with more steady climbing bringing the highest peak in the northern range underfoot, Carnedd Llywelyn at 1064 metres (3490 feet). Peak 5 was in the bag! A horseshoe ridge led round to the final peaks of the day, Carnedd Dafydd and Pen yr Ole Wen, from which a sharp descent led down to the head of Llyn Ogwen, the valley and the vehicles. It was a genuine achievement for the team, some of whom had limited experience in a mountain environment outside the sphere of winter sports. It had been demanding, but successful. The team was starting to gel - kit was adjusted (notably Jonathan's), less of this (especially Dan's 3 speed heated waistcoat), more of that, the awareness of taking on more fluids and calories than expected. A hearty evening meal, plans for the next day and bed.

Day two was different terrain with the big ridges replaced by the blocks and rock steps of the Glyders. New boots for some, compeed for most. No long walk in to Tryfan, it was straight uphill as soon as we left the wagons. A series of rock steps, heather terraces and steep gullies - the steepness enhanced by the RAF pilots, making full use of the warm and clear conditions, flying below us up the Ogwyn Valley. It was a challenge for all and the concentration could be noted, in spite of Jonathan's scurrilous interjections to lighten the spirit. Even Lloyd was quiet. Mr M was now off Mel's Easter egg list.

Wales 3000ers Challenge.

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On a scorching day, the ascent up the scree to Glyder Fach was very tough, but worth it for the view of the rocky splendour of Glyder Fawr, thence to Y Garn and the final peak of the day, Number 12, Elidir Fawr. Lloyd and Matt's running stamina had come to the fore as they led the final climb - there was even a rumour that Lloyd had spoken on the way down to Llanberis Pass.



The final day entailed the three summits of the Snowdon horseshoe. Still the weather held (Martin's head was making its own weather) as we headed up the Pyg Track, leaving the track at the saddle and scrambling up the fearsome rock band and on along the summit ridge of Crib Goch. This was undoubtedly the toughest moment of the challenge for the team, but they trusted their boots, took small steps, kept three points of contact and did it. Jude lost points for her house (demerit - strong language) while Mel recruited a prospective Henstead parent on her way to the summit of Snowdon.



Congratulations to them all.

Mr McKinney



Henstead Hike.



The Henstead Hike is a tradition which has become one of the many exciting dates to look forward in our busy school calendar. A chance for the pupils to hike alongside their friends, families and teachers as they raise money for an important cause.

Fortunately, the forecasted rain was non-existent, as the sun shone gloriously throughout the walk. Children – from Nursery to Year 6 – who started at different points on the hike, traversed approximately ten miles from the Waveney & Oulton Broad Yacht Club back to school.

While the sheer joy of rambling across a long distance is surely enough encouragement for any youngster, to polish the day off nicely, we were greeted at school by a plethora of hot dogs and ice creams! Their teamwork in both completing the course and unsurprisingly finishing our supply of sausages was an impressive feat, which tied into our school value nicely indeed.

Well done, everyone.

Mr Hunt



Pony News.



Several of The Old School Henstead's Pony Club members participated at Sotterley Horse Show last weekend, with a number of successes to report.

Kate (and pony Tom) won first prize in the Horse & Hound competition.

Louis was placed second in his event - 40cm show jumping.

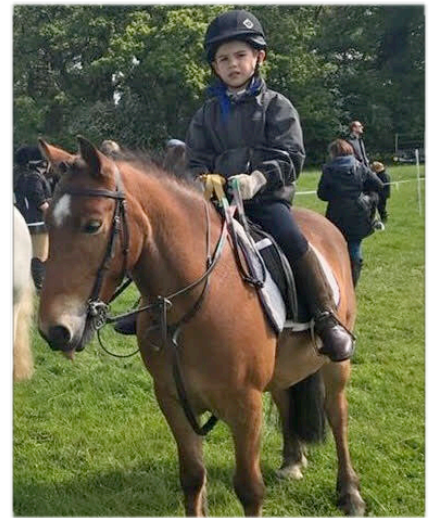
Wills competed in Class I Lead Rein 30cm show jumping and achieved a clear round. Unfortunately he did not get placed in the 'jump off' as Dave the pony refused the last fence, but an achievement none the less as this was his first show experience.

Charlotte's pony was placed third in the prettiest mare. class

Olivia (on Violet) was just pleased to be back on a pony, even if it did mean being supervised on the way round. She did get to help out leading some other children in the fun classes.

Congratulations to all.

We look forward to next Friday's Pony Club.



Inspiring Musicians.



On Monday we welcomed the *River Hundred Folk Band* to assembly.

The origins of folk music were explained and we were introduced to the various instruments: flute, penny whistle, acoustic guitar, bass guitar, bodhran drum and other percussion.

The leader of the band is Miss Bullen, our violin teacher, and for their first piece the band were joined by her pupils, Rebecca, Tabatha, Ayla and Harry D in a lively polka that made us all want to get up and dance.

After another piece that had us all clapping along, the mini concert concluded with a hornpipe. Year 2 pupils, who have been learning the dance for the forthcoming production of *Treasure Island*, joined the band and showed us all how well their dance skills are developing. We are most grateful to the members of the band who

gave up their time to give us a lovely start to the week.

Miss Bullen is usually in school on Thursdays and is happy to give anyone a trial violin lesson. So if you have been inspired to have a go at the violin, or fiddle, as it is called in a folk band, please see Miss Sindall or call into the office.

Miss Sindall



Reception Roundup.



Reception children continue to demonstrate fantastic resilience and confidence in their learning.

As always, we take every opportunity to allow everyday life to inspire our interests and learning. With that in mind, we have learnt more about hygiene and how we can keep ourselves clean and healthy. We demonstrate this daily as we take it in turns to be snack time helpers, maintain a clean, organised and inspiring environment in our classrooms, as well as enjoying the fresh outside air as much as possible. This is supporting our independence and it is clear for others to see we are proud of our school.



We have also linked our maths to our bodies and have enjoyed looking at different ways to measure. We were surprised when we collated the data and presented it on a bar chart to see how much we had all grown and how we all weigh a different amount. This has also helped us to count in 2s, 5s, 10s and beyond 20 as well as learning new mathematical vocabulary such as metres, centimetres, millimetres, stones, pounds, ounces and kilogrammes.



As we approach the last half term of the year and get ready to watch the children transition into Year One, it is a proud moment to see them all achieving their Early Learning Goals. It was a pleasure to discuss this with parents on our recent parent interview afternoon. May I take this opportunity to thank all the families for their continued support and wish you all a restful half term.



Next term we will return to a theme focused around our local environment and how farms, lifeboats, lighthouses and industry all play a part in our lives. We enjoyed a sample of this area of outstanding natural beauty that we are fortunate to have on our doorstep as we completed the Henstead Hike! Well done Reception!

Mrs Scriven & Mrs Dakin

Nursery News.



What a treat! Our friends from Year One came in and read their books to us.

We were a great audience and enjoyed finding a cosy corner to sit and listen. We sat for a long time enjoying being read to and even demanded additional books to be read aloud. The children spent time talking about the pictures and the stories. Afterwards we were treated to home made bread that the Year One children had brought with them. Thank you Year One for a lovely ending to a Wednesday afternoon.



On Friday we were excited to participate in the Henstead Hike, starting with lunch at Mutford Village. We joined in the celebrations at the end, with hot dogs and ice cream.



Nursery Star of the Week ★

Nursery Star of the Week award goes to Chloé. Priscilla has been impressed with your independent writing this week. The Nursery is full of your signs, instructions and notes. Enjoy the sleepover.

Mrs Vorster & Miss Butcher

Mascot Awards.

This week's Mascot Awards, presented to pupils most demonstrating this half term's value Teamwork, were awarded to:



Reception: Autumn, for demonstrating excellent, enthusiastic team work within her imaginary role-play game.

Year 1: Robyn, for being a great member of our team, at all times.

Year 2: Lola C, for working collaboratively in a group maths task.

Year 3: Caleb, for showing great patience when working as part of a team during class activities.

Year 4: Penelope, for consistently applying herself and willingly listening to her peers when they offer advice.

Year 5: Harry, for collaborating in class to further his learning.

Year 6: Alex, for working diligently as a member of the book fair sales team.

After half term we move on to our final value for the academic year - Excellence.

Sunglasses Found



Two pairs of sunglasses were found after the *Henstead Hike*. If you or your child have lost a pair, please call into the office after half term.

Parent & Toddler Group



There will be no Parent & Toddler Group after half term, due to our packed calendar for the rest of the term, including sports day practice and summer show rehearsals.

Bag2School



Thank you for all your donations to this week's Bag2School collection.

UNIFORM SHOP

Opening Times
(Term Time)

Mondays 8.15-9.15
Thursdays 3.15-4.15



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