



The Old School Henstead

Newsletter

Summer Term 2017 Issue 7 16 June 2017



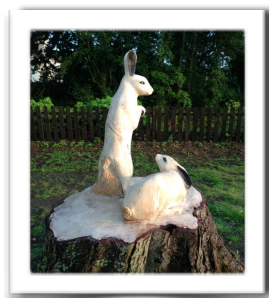
STOP PRESS...A double win each for our U9 and U11 mixed rounders teams versus Hethersett Old Hall today.

Calendar for next week

Tuesday 20 June	1.30 Swimming Gala
Wednesday 21 June	10.30 School Photograph
	2.15 U9 Rounders & U11 Cricket (A) at Riddlesworth Hall
Thursday 22 June	9.00 Nursery Photograph
	1.45 New Pupils' Afternoon
Friday 23 May	9.15 Reception Beach Visit
	1.00 New Lunch Time Tennis Club
Saturday 24 June	9.45 Open Morning (half day school), followed by the Summer Fayre.
	Pupils should arrive in full uniform including blazers for 9.30 registration.

Dates for your diary

Tuesday 27 June	2.00 Nursery Sports Day
Wednesday 28 June	2.00 Sports Day followed by the Opening of the Sports Pavilion and
	4.00 Tea followed by Parents & Staff v Pupils Cricket & Rounders



Message from the Headmaster

This is such an enjoyable time in the school year! As I write, the strains of ever more tuneful rehearsals are drifting past my study door and the excitement of the children in preparation for both our Junior and Senior shows is already palpable. Sports day practices are well underway and we are pleased to welcome our annual visitors from Widford Lodge this week as part of their preparatory school cricket tour. We look forward to welcoming the Henstead community and our guests at the Open Morning and Summer Fayre next week.

Mr McKinney

Open Morning Next Saturday.



 **The Old School Henstead**
An independent prep school & nursery
for boys & girls aged 2½ to 11.

Open Morning

Give your child a confident start.

Saturday
24 JUNE

Arrivals
9:45 - 10:00AM T. 01502 741150

Toad Row, Henstead, Nr Beccles NR34 7LG www.theoldschoolhenstead.co.uk

Our next Open Morning takes place next Saturday 24 June. Pupils' registration will take place at 9.30. We encourage family, friends and other visitors to arrive between 9.45 and 10.00 so that they may choose their options for the morning.

It is also an opportunity for parents and grandparents to join their children in school for the morning. We appreciate your support in spreading the word.

The Open Morning will be followed by our Summer Fayre from 12 noon to 3pm, with lots of fun stalls, activities, competitions and prizes. We hope you will join us.



Reception Roundup.



We have had a fabulous week in Reception, enjoying our very friendly wildlife. Mr Mole has been helping us with our maths directions and the understanding of habitats. Whilst Ernie the duck has been helping us in our English to label pictures of our own ducks that we have drawn. In art we were also inspired to create our own colourful ducks. This helped us to be adventurous with our colour mixing and using different materials for effect. Our bug house outside the classroom has seen a hive of activity and we await the arrival of some new bees.



Role play has been very much the centre of our learning this week, with the ice cream parlour sparking some fantastic opportunities for language development and relationship building.



Small world and water play has been a strong favourite for our glorious outside learning, offering endless opportunities for children to consolidate and further their English and numeracy.

We finished off the week with discussions about Healthy Eating Week and got to make our own fruit salad and write out the ingredients we used.

Mrs Scriven & Mrs Dakin



Palaeontologists in Action.



The next generation of palaeontologists?

This year, Year 1 invited Year 6 along to the land of the dinosaurs. Year 6 were there to further develop their responsibility and pastoral roles. Together, our mission was to identify as many dinosaurs as possible. Would we be up for the challenge? As we approached the Dinosaur Park, Jack D spotted the diplodocus and our search for these prehistoric animals had begun.



After exploring the play park and tackling the enormous climb-a-saurus, we set off on our quest to track down more of these remarkable creatures. With Lily and Lucas leading the way, we were able to identify some of the dinosaurs, deciding if they were herbivores or carnivores by looking at their various features.

After collecting all the stamps, we visited the Animals Encounter Barn, where we found chicks, snakes, rats



and various other live creatures. With lunch calling, we wandered along the Neanderthal Walk, looking and reading about the different periods of time and the variety of animals that had roamed the earth.

After eating lunch in the glorious sunshine, it was now time for some serious fun; the feature that the children had all been looking forward to - the Splash Zone. Being prepared, we all had our swimming costumes at the ready. Screams of delight were heard all over the park, as the children splashed about in the cold water.

We all had enormous fun and the Year 6s were delightful company and took their responsibilities very seriously. So thank you Year 6 - you were complete stars!

Ms Thomson, Mrs Dakin and Mr Hunter



Healthy Eating Week.



To mark **Healthy Eating Week**, we held a special assembly for the whole school (including nursery) led by dietician Mrs Jarmey.

First of all, we had a few questions to answer. Luckily, lots of the children knew the correct answers!

Mrs Jarmey explained what each food group does to help us keep fit and healthy. Next, she demonstrated the portion size that we should be eating each day and the number of portions suitable from each food group. Fortunately, we all knew that our target for fruit and veg is at least 5!

We were all surprised by the tiny amount of fats and sugars that are recommended - the top of your thumb.

Our next activity was deciding how much fat and sugar are in Pringles, Dairy Milk, digestive biscuits and Haribos. Mrs Jarmey provided us with the actual amount of sugar and fat. We were all surprised to find out that they all had huge amounts of both; a few of us held the fat models and were surprised by how heavy they were. ALL of the staff have decided to forgo their biscuit at break times!

Hopefully, from Mrs Jarmey's visit, we will all reflect about the food that we put into our bodies.

Thank you Mrs Jarmey, for such a wonderful talk. We all have lots to think about.



Transition Week.

Year Six

The time nears for our Year Six pupils to leave the familiar and nurturing hands of this 'beautifully small school'. The wider world may be perceived by some of our leavers as an exciting journey to undertake, whilst others see it as a scary unknown. As an integral part of our pastoral care, support and preparation for this transition is of the utmost importance.

Transition Week provided the opportunity for a concentrated focus to maximise this preparation. It is a time when our pupils are challenged to think and to do independently of any adult waiting in the wings to resolve dilemmas.

Transition Handbook

The Year Six pupils all received an in-house purpose written Transition Handbook. With guided use this provides a log of their future school details, requirements and expectations.

Specific learning areas are targeted –

Keeping Safe

Travelling Safely

Rights and Responsibilities

Using a Mobile Phone.

Dementia Assembly and Cake Sale

One member of the Year Six group has a close relative diagnosed with dementia. We actively encourage our pupils to leave us with the school values fully embedded in the way they live their daily lives, together with an awareness of some of the problems that they will face. This was at the forefront as the Year Six children took the responsibility for writing and delivering a whole school assembly. This was then followed by a highly successful cake sale raising much needed funds for dementia research.

Independence Day in Norwich

Year Six arranged their own mode of transport, studied the timetable and reviewed the risk assessment. With teachers ten steps behind, they set to work locating a number of specific landmarks and completing a wide-ranging shopping list within a very limited budget. Busy streets, minimal city knowledge, a variety of social interaction and a maximum of £2.00 to spend on their lunch provided a fitting challenge. Few nerves and good teamwork enabled all the landmarks to be located, all the shopping successfully purchased.

A single day provided a huge learning opportunity and knowledge that will ease the growing distance between nurturing and taking sole responsibility for themselves and their actions.

Dinosaur Park (Year One Trip)

Year Six pupils joined this trip as leaders and joined three members of staff to take on a duty of care role for younger members of the school.

Not there to admire the prehistoric inhabitants, guidelines were clear. Their task required them to show leadership, to take responsibility for the Year One pupils and to support the staff.

Another chance for independent decision making and in some cases slightly out of comfort zone experiences. A successful day was had by all and the learning as the day progressed, evident to all.

Well done to the Year Six pupils and finally a thought for us all –

Parents can only give good advice or put them on the right paths, but the final forming of a person's character lies in their own hands. — Anne Frank

Miss Clifton

Nursery News.



Climbing to new heights.

This week the Nursery children have been using the climbing apparatus in the garden.

After a few times practising, with the help of Miss O'Mara and Miss Butcher, the children became very skilled at travelling, over and across the equipment. They held out their arms to help balance as they carefully walked along the beam.

Well done all.



Nursery Star of the Week ★

Nursery Star of the Week goes to Iona, who has been listening really well to the grown-ups and making lots of progress. Well done Iona! Have a great weekend with Sparky, we know you have been really excited to take him home. We hope he is a good dragon for you!

Miss O'Mara & Miss Butcher

Game, set and match.



The Old School Henstead Tennis Club

Our tennis club will launch next Friday 23 June at 12:45 on our tennis court, directed by our new tennis coach Ben Thompson, who will be developing our tennis programme to include an After School Tennis Club starting next term.

Parents with children currently in Years 2 to 6 who are interested in participating should **sign up at the office, as numbers may be limited.** The lunch time club will be free. Children who have their own racquets should bring them for the lesson.

We are delighted to have Ben Thompson onboard and look forward to an exciting tennis season under his direction.

Dinosaur Dimensions.



Year One worked together to measure the lengths of the shortest dinosaur and also the longest one, using metres. We all got a chance to use the trundle wheels. We also discovered that it takes 20 Year Ones to be the same size as a Brachiosaurus!

Ms Thomson



Marble Run.



We've lost our marbles! Well no actually, we used them in assembly to test our super long, extraordinary 'marble run' in front of the school. It was produced in the after school club aptly named 'Marble Madness' and tested our engineering skills, problem solving ability and team work as we produced a run where the ball speeded up, slowed down, turned corners, jumped gaps, appeared and disappeared before finally hitting a bell with a satisfying 'ting'! Educational fun was had by all!

Mr Butcher

Field to Fork.

We celebrated healthy eating this week by making our own fruit salad and talking about the benefits of eating fruit.

Mrs Scriven



SPORTS ROUND UP

Cricket



CRICKET

On Thursday afternoon we hosted our annual Cricket fixture against Widford Lodge. From previous experiences the team knew they'd be in for a tough afternoon, so had to be at their best.

Winning the toss, captain Jack put us into bowl and opened for us alongside Louis. Some tight early overs limited our opponents to just singles. However when they did decide to give the ball a thump, Alex found himself in the firing line and made some excellent stops on the boundary line, saving extra runs to the applause of the growing crowd. Archie kept things tight behind the stumps and all Henstead pupils were on their toes, ready for anything to come hurtling their way.

Some excellent bowling was on display as Jack claimed a wicket with his last over. This was followed by Savile teasing the batsman before taking out his leg stump. Archie now bowling from the Farm end managed to knock the bails off with his first delivery before Savile took another wicket. As the overs crept towards 20 Widford started to hit big, taking their total to a challenging 150 - 4.

As we headed out to bat we knew it would be a tall order to chase down such a target. We lost two wickets early on as Lily found herself caught and Joey thought he could sneak a run, only to be run out. Louis and Jack had to steady the ship and that they did, with Jack hitting 4s. Louis was the steady batsman taking his singles when he could. As Louis went for a pull shot the ball looped up into the air and he was out. Still in with a shout, the team was encouraged to

play shots - Jack and Archie obliged, finally Jack being bowled out for 28 and Archie for 13. Savile, Matthew, Francis and Alex came to the crease determined to pick off runs where possible, however we finished short of the target.

A fantastic effort from the team, performing better than any previous year with both bat and the ball, which made it an entertaining match to watch.

Thank you to all the parents who helped with match teas and stayed to support the team.

Mr Hunter





The Old School Henstead

Summer Fayre

**Traditional Games
Live Music
Raffle & Prize Draw**

**Craft Stalls ♦ Barista
Arena Displays ♦ Bouncy Castle
Sweet Sunrise Crepes ♦ Bar**

And Much More!
Saturday 24th June 2017
12pm - 3pm
Toad Row NR34 7LG



Swimming Gala.

On Tuesday 20th June the school will hold its annual swimming gala at Bungay pool. Combined teams from Reception to Year 3 will start the proceedings at 1.30pm with fun races. Then the swimming gala for the rest of the children involved will start at 2.00pm. Please ensure your child is wearing their school swimming kit, blue costumes and hats and goggles. If your child is participating in one of the races starting at 2.00pm please provide them with two towels: one may be kept pool-side for after races.

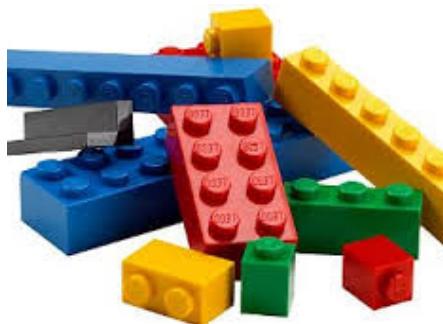
Please may we remind all parents that they are to remain in the spectator area and not to go into the changing rooms.

Bear in mind that the spectator area is small and seating is limited, therefore only two family members per child please.

If you would like to take your child/children home from the gala please inform the form teacher.

We look forward to seeing you there!

Lego Competition



Entries to the PTFA Lego/K-Nex competition should be brought into school on **Monday 19 June**.

Details of the rules and categories were emailed to parents this week. So get creative this weekend.

Volunteers Wanted



Volunteers are needed to help with our Summer Fayre on Saturday 24 June, following our Open Morning. Please see Mrs Plummer or Mrs Speed-Andrews to find out more.

Henstead Hike



Thank you to everyone who handed in sponsorship money this week. **May we encourage families to send in the final funds this week please. We still need more to reach the cost of a defibrillator, so every pound counts.** You may continue to make donations via our fundraising page (<http://uk.virginmoneygiving.com/team/HensteadHike2017>).

Thank you for your generosity.

Daisy's Fundraising



Daisy raised £309.40 from the cake sale last week, plus £422 from sponsorship for climbing Mount Snowdon with Year 6, making a spectacular total of £731.40, which will be donated to the Alzheimer's Society. Thank you to everyone who baked or donated. Well done Daisy.

Raffle Tickets on Sale



Raffle tickets for the Summer Fayre will be on sale at pick up and drop off times from Monday. Don't miss the fantastic prizes.

Mascot Awards.

Mascots were awarded to the pupils best demonstrating our school value for this half term - **Excellence**:

Reception: Elliot - for excellence in handwriting progress.

Year 1: Tom - for showing excellence in attitude to reading.

Year 2: Charlotte - for selecting the best words to create excellent poetry.

Year 3: Penelope - for showing excellence going above and beyond her reading requirements.

Year 4: Jack - for showing excellence by putting in 100% in his classroom effort.

Year 5: Olivia - for effort and excellence managing in-class work with one upper-body limb.

Year 6: Alex - for excellence shown during transition week.



Non-Uniform Day



A non-uniform day will be held on Monday 19 June, in return for the donation of an item to add to the Summer Fayre prize hampers. Details have been emailed out separately.

School Photograph



School Photograph

Next Wednesday - 21 June - our whole school photograph will be taken. Please ensure that your child comes to school with a full complement of school uniform.

Boys should wear their blazer, shirt and tie.

Girls should wear their blazers with summer dresses.

Nursery Photograph

The Nursery photograph will be taken on Thursday 22 June at 9am.

New Pupils' Afternoon



We will hold our New Pupils' Afternoon next Thursday afternoon 22 June, starting at 1:45. Pupils will move up a year for the afternoon, to meet their new form teachers and get to know more about the year ahead. We will also be joined by pupils who will be joining the school in September.

PTFA

News Extra

Summer Fayre Saturday 24 June 12:00-3:00pm, following the Open Morning. Posters have gone out in bags. Please help spread the word. We would be grateful for any filled sweet jars, tombola prizes and cakes. RAFFLE TICKETS ON SALE NEXT WEEK at pick up and drop off times.

Summer Party Saturday 8 July. Book your tickets now. Forms have gone out in bags.

UNIFORM SHOP

New Opening Times

**Mondays 8.15-9.15
Thursdays 3.15-4.15**



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