



# The Old School Henstead

## Newsletter

Spring Term 2017 Issue 10 24 March 2017



### Calendar for next week

Monday 27 March

Tuesday 28 March

Wednesday 29 March

Thursday 30 March

Friday 31 March

9.30 Years 3-6 visit Sizewell B Nuclear Power Station

9.15 Year 2 visits Norwich Castle

**3pm (note change of time)** Spring Concert (Reception, Years 1 & 2)

**3pm Fixture Under 11 Boys Football v Beccles Primary Academy (H)**

8.45 Easter Service at St Mary's Henstead (parents welcome)

11.00 Poetry & Inter-House Choral Speaking Competition

Big Day Out

Spring Term Ends

### Dates for your diary

Monday 3-Friday 7 April

Monday 24 April

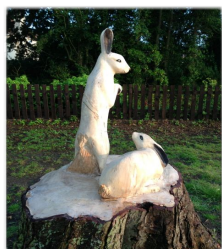
Holiday Club (bookable via the office)

Summer Term Begins

### Message from the Headmaster

If there is one activity that sums up the spirit and ethos of this splendid school, it is the annual whole school cross country event. Weather forecasts give cause for much magisterial head scratching and parental enquiry regarding the possibility of postponement. This is also coupled with a wander down memory lane for the spectators, with many an 'Oh the great days in the distance enchanted' for the more classically minded, or in the modern 'the older I get the better I was.' Some parents warmly reminisced about the joys of the sport, others admitted to reluctant participation. Not so the children - a strong biting breeze did nothing to dampen the spirits as the three races headed off in well-organised succession. Huge thanks are due to Mr Hunter and Mrs Jensen for organising the event so flawlessly. The boys and girls cheered each other, their friends, their houses, those for whom running is a joy and those for whom it is more of a challenge. Cold - no fear. Reception even had the foresight to use Mr Hunter's long jump area for a bit of sandpit construction, before the medal ceremony and celebratory snacks. Marvellous!

Mr McKinney



## Scenes from Red Nose Day.





# Nursery News.



## Library Trip

On Monday afternoon Nursery went on an adventure to Beccles library.

We started off by finding books to look at and then Sarah joined us.

We found a comfortable seat and listened to some stories and then it was time for some singing. The children waited patiently for their turn and chose a song to sing from Sarah's song sack.

After singing the Nursery rhymes it was time to choose a book to take back to Nursery.

The children lined up beautifully and Sarah signed out our books.

What a fantastic visit and the children were so well behaved!



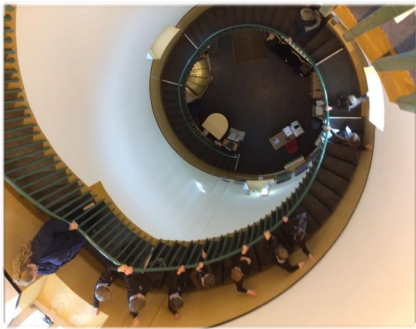
## Nursery Star of the Week



Nursery Star of the Week goes to Kasper, who is making great progress at Nursery and using his listening ears. Well done Kasper! Have a fantastic weekend with Sparky.

*Miss O'Mara & Miss Butcher*

# Reaching new heights.



On Wednesday, Year One met their own Mr Grinling, at Southwold Lighthouse. We were warmly greeted by Mr Hopwood, who was our guide for the morning.

Our first challenge was to climb the 92 steps up to the platform. After our legs stopped wobbling, Mr Hopwood explained to us how the Lighthouse used to work before it became electrified; he demonstrated where the oil was stored and how it was transported to the top. Each lighthouse has their own flash, called a character; we found out that the Southwold Lighthouse flashes every 10 seconds.

With great courage, we climbed the final stairs to reach the light. Using binoculars, we all managed to look out to sea. Mr Hopwood showed us all the different types of bulbs that have been used through the ages and how far their light travelled.

After a steep descent, we all arrived at the bottom floor safely, some of the older members of the group still had wobbly legs! Unfortunately, we did not spot Hamish, but we did hear those pesky seagulls.

*Ms Thomson and Mrs Dakin*







# Bakers on tour.



On Thursday afternoon, Henstead's little Chefs from the after school Junior Cookery Club were invited along to look behind the scenes at the Tesco store in Beccles. We were warmly welcomed by Hollie, who showed us around the huge store. First we had to get fully equipped - clean hands and hats are required to visit the bakery. Next we were introduced to Jason, who demonstrated the 5 stages of bread making. We all had to listen carefully, as there were some tricky questions that had to be answered at the end.

The part that we all enjoyed came next. We got to taste six different types of bread; the children were very adventurous and tried bread that they had never tasted before. The Tiger bread was the clear favourite with the children, but the adults were very keen on the cranberry and cashew nuts combo.

After the tasting session, we tried mixing ingredients to make a healthy breakfast, which we took home with us in our goody bags.

Hollie was very impressed by the children and thought that their behaviour was outstanding!

No doubt, The Old School Henstead will be visiting again very soon.

What a way to end the Cookery Club. Many thanks to Hollie and Jason at Tesco, for making it such a fabulous afternoon. A big thank you to Nanny Pat, who has helped us every week; I could not have done it without you!

*Ms Thomson*





# Reception Roundup.

As we count down the days to the end of term, Reception pupils have been very busy reflecting on their learning goals and all the areas of EYFS.

On Monday we were pleased to show Mr McKinney the skills we have learnt at the gymnasium.

In class we have been focusing on handwriting and digraph sounds. We had real fun at 'the dough disco' and having a go at 'cave writing' - activities aimed at strengthening our fine motor control.

In numeracy we have been focusing on doubles and halving groups of objects and numbers. This has been a challenging concept. However the use of our wonderful school environment has made it a fun challenge.

We are all very proud of ourselves in Reception this week as we braved the cold windy cross country course for the first time competing in a whole school sports event. We all ran the entire course and demonstrated great sportsmanship in cheering on our house teams.

The week came to a great end when we all came to school dressed in clothes of our choice in order to raise money for Comic Relief's Red Nose Day. During the day we talked about what it means to help others and we had a go at creating some red nose face pictures. Some of us even had our noses painted red! Mrs McKinney?

In art and literacy we created some wonderful spring art work for some very special people! Happy Mother's Day to all the Reception Mummies. You have the most amazing children.

*Mrs Scriven and Mrs Dakin*





# Canopic Jars.



## Year Four will preserve your organs!

...for a small fee of course, while the rest of you is embalmed. Well, it would be a shame to waste these fabulous 'canopic jars', modelled in clay and papier maché from examples in Ancient Egyptian tombs. Soon Year Four will say farewell to the land of the pharaohs, setting sail for Ancient Greece for their encounters with Minotaurs, hoplites and some weighty philosophy. Doubtless they will be victorious once again!

*Mr Butcher*

# Musical Note.



Assembly on Monday this week featured a short guitar demonstration by Mr Mark Campling BSc ATCL. We listened to an early Renaissance piece called *Romance* before Mr Campling introduced his Fender Stratocaster electric guitar and explained how its use has developed. By way of illustration he took us on a whirlwind tour from the 60's to present day, with music from the Beatles to Ed Sheeran.



We then heard from some of Mr Campling's pupils. Francis and Isabelle were confident and secure on guitar, Brayden gave a very positive performance on piano and Emily used dynamics very sensitively in a lovely performance of a song from *Joseph and the Amazing Technicolour Dreamcoat*.



# Planetary Science.



Year Four pupils continued their exploration of the solar system, with a mathematical look at the relative sizes and distances between the planets.

Illustrated by various fruits, Jupiter was represented by a watermelon, while Earth was represented by a cherry tomato!

Using lengths of paper squares, each representing 10 million miles each, pupils then mapped out the relative position of the planets (fruits) on a sports court. today. Accurate calculations created a mind-blowing visual representation for all to contemplate. Well done all.



## Holiday Club.

The Easter Holiday Club will run from Monday 3 April to Friday 7 April inclusive. The schedule of activities will be as follows:

Monday 3 April	World Record Day
Tuesday 4 April	Outdoor Education Day
Wednesday 5 April	Gravity Trampoline Park, Norwich (max 15 pupils)
Thursday 6 April	Balloon Day
Friday 7 April	Movie, K'nex and Easter Activities Day.

Each day will run from 9:30am to 3:30 pm. Pupils from Reception to Year Six may attend.

Parents may book pupils for individual days or for the entire week. Please note that there is a maximum number of 15 for Wednesday 5 April, therefore those who book for the full week will get priority, followed by others on a first come first served basis.

The cost for attendance is £25 per day, with payment required to secure bookings. All bookings and payments must be made via the school office. Details of how to pay by cheque or bank transfer (BACS) have been included on the booking forms which have gone out today.

Make sure you drop off your bookings at the office soon to secure your days of choice.



# SPORTS ROUND UP

## Cross Country



### CROSS COUNTRY

A cold blustery Wednesday afternoon was the backdrop for The Old School Henstead Cross Country event. All pupils had been practising the course in the weeks leading up to the event, so they were in peak form for the run.

Up first were Reception and Year One, who had to cover a whole lap of the field totalling a massive 600m. During the practice runs this proved tricky, however on race day they all showed just how far they had come in a short time. Lucas and Jack W battled it out for the whole race, with Lucas just pipping him to the post, closely followed by Jack D and Tom. First girl home was Amelie, with Chase and Oliver having the race of their lives finishing 6th and 7th.

Once the excitement of the first race was over, it was the turn of Year 2 and 3, who found themselves running 1km. They were not only running around the field but also off the school site, down the farm track, around the outside of the field, returning back through the field gates and sprinting towards the finish line. From the off, Francis and Darcey set a relentless pace, which others found difficult to keep up with. Francis won the race for the boys and Darcey for the girls.

Close behind the leaders, having a great race, was Harry S, with Marli and Caleb making a sprint finish to determine who would finish higher.

The final race of the afternoon saw the seniors running the long course, a mile around the school and the farm. A quick start was made by all before the runners found themselves stretched out as they made their way towards the farm. Running back towards school, each runner had to battle against some strong winds, proving their determination. First boy home Savile found himself being chased by Archie and Louis D, with Kate, who was the first girl home, being pulled along. Harry B and Tom were trying to keep up with the front group and keep Addison, Matthew, Skye and Emily at bay behind.

A fantastic afternoon's running from all competitors. While Cross Country isn't everyone's favourite event, you could see they really did give 100% effort in making it round the course, with some even having time to smile!

Thank you to all spectators for the encouragement given to the runners.

*Mr Hunter and Mrs Jensen*





# Mascot Awards.



This week's mascot winners, for best demonstrating the school's value Adventure, are:

Reception: Oscar, for adventurous writing.

Year 1: Isla, for her adventurous spirit when climbing the lighthouse.

Year 2: Charlotte, for her adventurous ideas on a Hobyah's appearance.

Year 3: Immy, for adventurously attacking her maths paper.

Year 4: Harry B, for adventurously trying a new instrument this term.

Year 5: Tabby, for adventurously approaching her end of term assessments.

Year 6: Tilly and Bethany, for adventurously offering assistance in the form of Florence Nightingale.

## Easter Competition



Don't forget the deadline for pupils submitting their entries to the Easter egg art competition is **Monday 27 March**. You may drop your entries into the special box in the office.

## Adventure Club



Year Three - led by Harry D - took the initiative this week to organise a lunch time Adventure Club. This week pupils were tasked with finding specific hidden items around the grounds. The winner was Tom, who received a beautiful canvas, thoughtfully painted by Year 3 pupil Imogen F-T. Look out for next week's challenge.

## Sports Results



The results of this afternoon's Senior Inter-House Sports Competition will be reported in the next newsletter.

## Music Examinations

We extend our best wishes to pupils sitting their Trinity College Music Examinations tomorrow (Saturday).

## PTFA

### News Extra

**Family Bingo Tonight**  
Friday 24 March 6:30pm  
Tickets also on sale at the door.

**Next Meeting Monday 8**  
May 7pm Three Horse Shoes

**Summer Fayre Saturday 24**  
June 12:00-3:00pm

**Summer Party Saturday 8**  
July. Save the date! Early Bird tickets will be on sale after the Easter holidays.

## Spring Concert

**Change of time:** The Spring Concert (Reception, Years 1 and 2) will take place at 3pm (not 2.30pm) on Tuesday 28 March.

## UNIFORM SHOP

**Opening Times**  
Tuesday 8.15-9.15  
Thursdays 3.15-4.15



@OldSchoolHstead



**Excellence in Education**  
The Independent Association  
of Prep Schools



independent  
schools  
council



INDEPENDENT  
SCHOOLS  
ASSOCIATION  
Accredited Member