



# The Old School Henstead

## Newsletter

Spring Term 2017 Issue 9 17 March 2017



### Calendar for next week

Monday 20 March  
Wednesday 22 March

2.00 Nursery visits Beccles Library  
9.30 Year One visits Southwold Lighthouse  
2.00 Inter-House School Cross Country (*Parents are welcome to watch, but could they please be no later parking in the car park than 1:45 to avoid disruption of the course. Parents may take their children home after the races.*)

Thursday 23 March

9.15 Visit to the Lego Innovation Suite (Year Two)

Friday 24 March

1.30-4.00 Junior Cookery Club visit to Tesco's Bakery

Red Nose Day (non-uniform for £1 donation, but sports kit required for Senior School Sports Competition)

Saturday 25 March

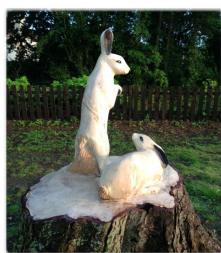
Senior Inter-House Sports Competition

Trinity College Music Examinations

### Dates for your diary

Tuesday 28 March  
Wednesday 29 March  
Thursday 30 March  
Friday 31 March

3pm (note change of time) Spring Concert (Reception, Years 1 & 2)  
3pm Fixture Under 11 Boys Football v Beccles Primary Academy (H)  
8.45 Easter Service at St Mary's Henstead (parents welcome)  
Big Day Out



### Message from the Headmaster

Science week has gone with a bang! Actually it was a flash of lightning! Mr Jensen enthralled our young learners with his show and tell all about the wonders of electricity, aided and abetted by the Van de Graaff generator and his Year Five class in the role of electrified particles jumping from one sphere to another. It has been a great week for all our pupils and we follow up with a much-awaited trip to Sizewell to learn more about energy. Powerful stuff this learning!

Mr McKinney

## Science Week.

It has been a busy week academically, celebrating Science Week across the school, from Nursery up. Here are a few of the areas of study included this week:

Scientific discovery for the benefit of others (Year 6)  
Filtration and Static Electricity with Van de Graaff Generator (Year 5)  
Planets (Year 4)  
Forces & Reactions (Year 3)  
Science of Diet & Food (Years 1 & 2)  
Absorbency & Rockets (Reception)  
Science Experiments and Mini Explosions (Nursery).





# Nursery News.



## Science Week

Nursery participated in science week by creating our very own science experiment. We charged glow-in-the-dark paint with a black light and mixed vinegar and bicarbonate of soda to watch the scientific reaction. We loved watching it foam and fizz out of the bottle!



## Equine Visitor

This week we had our largest visitor yet - Edith's beautiful horse Sherry. We met Sherry and Mrs Thompson on the school field and sat and listened beautifully whilst Edith and Mrs Thompson introduced Sherry.



They explained how she is cared for, where she lives and what she eats. We found out that Sherry is 29 years old! Miss O'Mara got one of our big carrots for Sherry and we counted that she ate it in three bites! We then watched Edith give Sherry a groom and we examined the brushes and equipment used. Mrs Thompson took Sherry for a trot around the field and she was very graceful. Afterwards we went to see Sherry's horse box and realised that we could all fit into it! We all said thank you and Sherry gave us a neigh to say goodbye!



Thank you so much Mr and Mrs Thompson for bringing Sherry to visit us! Thank you Edith for your showing us your beautiful horse and for your amazing talk!



## Nursery Star of the Week ★

Nursery Star of the Week goes to Jude, who has been making great progress at Nursery, gaining confidence and making new friends. We hope Sparky is a good dragon for you, have a great weekend!

Miss O'Mara & Miss Butcher



# Nutritional Science.



To celebrate science week, Year 1 and 2 had a special guest - Mrs Jarmey, who is a dietician.

First of all we had to sort out lots of items of food, placing them on the Eatwell food mat. They had to be placed into the right food group. Mrs Jarmey explained what each food group does to help us keep fit and healthy.



Next, she demonstrated the portion size that we should be eating each day and the number of portions suitable for each food group. Luckily, we all knew that our target for fruit and veg is at least 5!

We were all surprised by the tiny amount of fats and sugars that are recommended - the top of your thumb.

Our next activity was deciding how much fat and sugar are in Pringles, Dairy Milk, digestive biscuits and Haribos. Mrs Jarmey had provided us with the actual amount of sugar and fat in jars. We were all surprised to find out that they all had huge amounts of both; it made Mrs Loader and Ms Thomson forego their biscuit at break time!

Hopefully, with Mrs Jarmey's visit, we will all think about what we are putting in our bodies. Thank you Mrs Jarmey, for such a wonderful talk.

*Ms Thomson & Mrs Loader*



# Lego Engineering Science.



It was another great week for Year Two at the Lego Innovation Suite, as they developed their programming skills to create dancing monkey robots!

You may watch a joyous reaction to one of their successes on one of our tweets by clicking on the link below:

<https://twitter.com/OldSchoolHstead/status/842773034717077504>



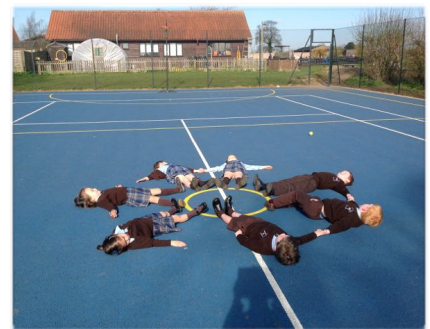
## Busy Scientists.



As you will see from these pictures and throughout this week's newsletter, there were scenes of science and adventure taking place all around the school.

There were also signs of mentoring from the older children with the younger ones, whether joining them in reading, writing, sports, discovery or play.

We hope we are nurturing the next generation of scientists who will be able to make a difference in the world that awaits them.







# Reception Roundup.

What a wonderful week we have had in Reception. The children have enjoyed the opportunity to take their learning outside and make the most of the lovely sunny weather. A lot of imagination has taken place in the outside gardening playhouse and water tray. We have also been using the school environment to practise our counting, estimating and understanding of numbers to 20.

There has been a focus this week on fine motor control and exploring spring to help enhance our imagination and support our understanding of the world we live in and our writing.

To celebrate science week we have been looking at absorbance and waterproofing. The children were fascinated to see the effects of coloured water being absorbed by celery sticks and changing the colours of the leaves, how coloured water can travel along paper towels and change colour. Teddies were brought to school and we made waterproof coats for them with carrier bags. Mrs Scriven tested them out by pouring water over the teddies.

We have enjoyed practising for our spring concert on March 28th and have created some wonderful spring art work.

To finish off the week with a bang we made our very own rockets and got to see one launched in the school playground.

A great week Reception. Well done.

*Mrs Scriven and Mrs Dakin*



# Cooking up a storm.



Yesterday the Junior Cookery Club made chicken nuggets from scratch in the traditional way, using fresh and nutritious ingredients. The children prepared the chicken pieces and coated them with freshly-prepared breadcrumbs. They were then baked in the oven as a healthy method of cooking, preserving the fresh flavours.

Next week, on 23 March, the Club has been invited to a Tesco bakery for the afternoon, to see bread being made.

*Ms Thomson*



## Pedagogical Ponderings

Being a teacher is the most rewarding career one could ask for. One of the best parts of the job, as I have shared before, is the sense of continual learning; that we can always refine and improve our practice, no matter how good we think we are at inspiring the young.

This year has brought new opportunities and challenges for me as the Director of Studies. One of the areas that I am most passionate about is teacher development (teaching teachers as well as teaching students). In this regard, I have been charged with overseeing and implementing our bi-weekly INSET sessions on a Wednesday morning. Did you know that your child's teachers sit in lessons themselves each Wednesday? This week, viewed and discussed a pivotal clip from a late, great educator, Dr Rita Pierson.

Dr Pierson was a dynamic, larger-than-life teacher with a long history of education behind her. Her parents and her grandparents were teachers, so we can be sure that she had experience of what she was talking about. She explains that the key to successful

education comes down to one tiny, easy little thing: relationships.

Relationships are key to any successful partnership, and the partnership between teacher and student has to be strong. "Kids don't learn from people they don't like", she explains. And I think she's right. In fact I know she's right, we all do. We've all had a teacher we don't like, right?

We are so blessed, at The Old School Henstead, to have delightful classes. Teaching a small class allows the teacher to get to know the pupils inside and out. Sure, this can be done in schools with larger classes too, but common sense suggests that the relationship can be more meaningful when you've got more time to spend with each other.

I want my pupils to know that I care about them. I want them to know that they matter. I want them to know that they can achieve, and that no matter what obstacles get in the way, there's always a way around. This is a tough job, but I'm glad to be able to share it with a group of people who love to learn. *Mr Jensen*



# Kings & Queens of the Castle.



## Year One goes on the Defensive!

As part of their recent study of knights and castles, Year One pupils have been making some impressive structures of their own. As the empty Pringles canisters and Christmas wrapping paper tubes took root in their medieval landscapes the technical terms were freely exchanged - "I need some more crenellations!" or "I'm going to paint my keep next." Some grateful barons have doubtless already moved in...

*Mr Butcher*

# Tent Making.



This week the children ventured into the tricky task of tent making during their Outdoor Education lesson. Working in small teams the children pitched, placed and perfected their tents. Shortly after their pioneering efforts, we subjected them to the elements. Despite being a wonderfully sunny day, 'rain' and an 'earthquake' appeared suddenly. The children utilised their newly built structures and survived the onslaught of weather. A fun day indeed!

*Mr Hunter & Mr Hunt*



# Science for Philanthropy.

A Scientific Adventure - PSHEE and science combined!

An interesting and unusual combination as Year Six discussed the adventure of scientists searching for answers and solutions to the unexplained and uncertain.

The challenge set – *Imagine you are a scientist and you have unlimited time, money and resources at your disposal. Take yourself on a scientific adventure of discovery.*

Question – *What scientific adventure of discovery would you like to go on?*

The responses received were a testament to the amazing selflessness, caring and empathetic qualities of our Year Six pupils. Here are some of them:

*I would create a cure for blindness. I would zoom in on the eye and the brain to find the cause and make people see again.*

*I would search for a cure for blindness and deafness.*

*Creating an injection so that no one would ever have to experience blindness or deafness ever again.*

*I would create a seed for the starving Africans. It would be a seed that would grow without the need for water.*

*I would like to be a space scientist to discover another planet and to establish if it would be possible to live there.*

*I would like to research blindness and invent a cable that plugged into your brain. On the other end, would be a mobile phone that could be used as an eye and send pictures to the brain.*

*I would like to discover a way of getting what you imagine in your mind. This wouldn't mean getting silly things, but things that matter. If you were in a situation where you didn't have any food, you could imagine food and you would be fed.*

*I would like to research and find a cure for dementia. It is a horrible disease and it can change the way people act, they even forget who you are.*

*I would like to research cancer and what causes it to happen. I'd make an injection to cure it completely and reduce the percentage of people who suffer.*

The journey of life holds many adventures and it may be that these pupils follow the path they have imagined and the reality of their achievements impacts on future generations. We wish them all well.

Miss Clifton



## Holiday Club.

The Easter Holiday Club will run from Monday 3 April to Friday 7 April inclusive. The schedule of activities will be as follows:

Monday 3 April	World Record Day
Tuesday 4 April	Outdoor Education Day
Wednesday 5 April	Gravity Trampoline Park, Norwich (max 15 pupils)
Thursday 6 April	Balloon Day
Friday 7 April	Movie, K'nex and Easter Activities Day.

Each day will run from 9:30am to 3:30 pm. Pupils from Reception to Year Six may attend.

Parents may book pupils for individual days or for the entire week. Please note that there is a maximum number of 15 for Wednesday 5 April, therefore those who book for the full week will get priority, followed by others on a first come first served basis.

The cost for attendance is £25 per day, with payment required to secure bookings. All bookings and payments must be made via the school office. Details of how to pay by cheque or bank transfer (BACS) will be included on the booking forms which will be distributed soon. Save the dates in the meantime!



# Mascot Awards.



This week's mascot winners, for best demonstrating the school's value Adventure, are:

Reception: Robyn - showing an adventurous spirit during science week.

Year 1: Oliver - adventurous spirit with French numbers and colours.

Year 2: Caleb - demonstrating an excellent sense of adventure, design and exploration in the Lego suite.

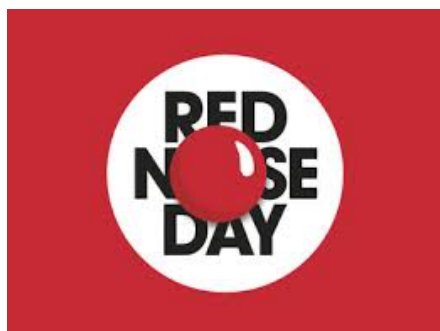
Year 3: Harry D - for adventurously surging to the land of independence when working.

Year 4: Rosie - for adventurously thinking outside the box.

Year 5: Archie - for adventurously experimenting with materials to create the most effective water filter.

Year 6: Alex - successful solo attempt collating the weekly house golds.

## Red Nose Day



Red Nose Day falls on Friday 24 March 2017. For a donation of £1 pupils may come into school in non-uniform clothes, but sports kit will be required for those with games and Inter-House sports competition.

## Family Bingo



The Easter Bingo event will take place on Friday 24th March 6:30pm in the school hall. Tickets will be on sale from Monday 20 March after school. Games books are £5 per adult and £3 per child including nibbles. Extra game books will be on sale on the night. There will also be bar refreshments and a raffle for an Easter hamper. Spaces are limited so be sure to purchase your tickets early.

## Fundraising Rally



For those wishing to support Mr Baxter and Mr Hillier's fundraising car rally in aid of East Anglia's Children's Hospices, their fundraising page can be found at:  
<https://www.justgiving.com/fundraising/Colinandrichardscartrip>.

## PTFA

News Extra

**Next Meeting Monday 8 May 7pm Three Horse Shoes**

**Family Bingo Friday 24 March 6:30pm**

**Summer Fayre Saturday 24 June 12:00-3:00pm**

**Summer Party Saturday 8 July. Save the date! Early Bird tickets will be on sale after the Easter holidays.**

## Spring Concert

**Change of time:** The Spring Concert (Reception, Years 1 and 2) will take place at 3pm (not 2.30pm) on Tuesday 28 March.

## UNIFORM SHOP

**Opening Times**  
Tuesday 8.15-9.15  
Thursdays 3.15-4.15



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