The Old School Henstead

Newsletter

Spring Term 2017 Issue

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Calendar for next week

Wednesday I March Thursday 2 March

Friday 3 March

Dates for your diary

Saturday 25 March Thursday 30 March Friday 31 March Monday 3-Friday 7 April



1.30 Cross Country at Saint Felix, Years 3-6
World Book Day (20 Year Anniversary) Children may come dressed as a character from a book.
8.45 Reception Assembly

Trinity College Music Examinations 8.45 Easter Service at St Mary's Henstead (parents welcome) Big Day Out Holiday Club (details and booking forms will be sent out soon)

Message from the Headmaster

It has certainly been a most adventurous start to this half of term. The site visits for the Big Day Out have been completed and we are much looking forward to the whole school travelling around the country to learn from some fascinating venues - the *Museum of Childhood* looks superb and I am already envying Years Five and Six. It will be a challenging day of exploring for years Three and Four at the Science Museum also, while our younger learners will be fully engaged in animal investigations in Colchester. Nursery are not forgotten - they will have a special programme of events here at The Old School - a Big Day In! This week Year One knights have been seen in Norwich Castle, our sports teams have travelled (as far as meteorological conditions permitted) and the news from our Year Six senior school entrance hopefuls is ever more encouraging - more to follow. *Mr McKinney*

Budding Engineers.

Yesterday our Year Two budding engineers got started on their electronic projects at the amazing Lego Innovation Suite at East Point Academy. We look forward to catching up on their progress over the coming weeks. *Mrs Loader*









Science Explores Change.







As part of a Year 5 science investigation in our new topic, **reversible and irreversible changes**, we experimented with that all-time favourite, chocolate. Irreversible changes (also known as chemical changes) are changes that occur with matter that cannot be reversed (i.e. back to its original form). An example of this is baking a cake; once the ingredients and mixed and heated, you cannot reverse the process and get your eggs back, your sugar back, or your cocoa powder back.

Reversible changes (also known as physical changes) are changes that occur where the process can be reversed and will return to you as original matter in its original form. An example of this is stretching a rubber band; when you pull it, it stretches, and when you let it go, it springs back into its original form.

We hypothesised that heating chocolate would result in chocolate melting, and that cooling chocolate would return it to its original form - the form of a hardened block.We were right. During the melting and cooling process, we noticed several changes which generated much discussion. It was also an excellent chance to put to use once again the Bunsen burners.

Mr Jensen

CASTLE ADVENTURE.









During our visit to Norwich Castle, Year One pupils were invited to help prepare for a jousting competition, which was taking place the following day.

We were greeted by Lady Isabella, who was the owner of the castle. Next was Maud, the put-upon castle servant and finally, we met, Rachel, the house maid of the castle - in charge of looking after and mending everything!

Our first activity was to help Lady Isabella make pennants to wave and cheer on the knights, during the jousting competition; we made some fabulous designs. Next, we were led up a steep, spiral staircase that was over 800 years old. There, we were greeted by Rachel, who had the task of sorting out lots of different artefacts.We examined them and discussed what they would have been used for during mediaeval times. Year One pupils were very good at identifying the objects and explaining their use. Finally, we worked with Maud who had the task of making sure that the castle was ready for all the visitors. We had to look out for rats in the kitchen and garderobes. She explained about all the different duties that needed to be completed. This included preparing the food and cleaning out the garderobes. We were warned that we were too young to eat vegetables, as they would make us ill!

After a healthy lunch, we were able to explore the rest of the castle and museum as a group. The children had a great time and received many compliments about their super listening skills and very smart uniform! The children didn't want to leave; we decided a whole day was not long enough!

Many thanks to Norwich Castle for organising such a good range of activities and making us feel so welcome.

Ms Thomson and Mrs Dakin









A Knight in Shining Armour.









The Knights of Year One arrived at The Old School Henstead Assembly wearing various pieces of armour and carrying shields and swords. Their purpose was to share a story with the rest of the school, about a Knight without a name. Each Knight was named after their special talent, with the exception of one, who was still searching for that special talent. The Knight with no name, set out on a quest and with the help of the other Knights was able to step into their lives.

The Knights demonstrated great empathy towards, Jack, the Knight without a talent, finally giving him the title, Knight of Empathy!

Every Knight needs a castle, so Year One Knights shared some interesting facts about their visit to Norwich Castle.

Ms Thomson was very proud of the way the children all spoke in clear, confident voices. Well done Year One, you were superstars.

Ms Thomson











Welcome to the second half of spring term. It is lovely to hear all about the children's adventures over the holiday and to see such confidence and enthusiasm to be back at school.

We have really enjoyed the warmer, windier, weather and have been making the most of taking our learning outside into the Reception garden which is currently undergoing a facelift. Thank you Mrs Hadingham.

All subjects this week have been topic based in preparation for Reception assembly on Friday 3rd March. Parents and Grandparents are invited to watch and will be treated to a French breakfast served by the children after the assembly.

We have continued with the topic 'All around the world' for the purpose of our assembly and underpinned the childrens' knowledge and understanding of different continents, animals, weather and food from around the world.

Mrs Scriven and Mrs Dakin















Week 6 of the Junior Cookery After School Club took place yesterday. This week we made Henstead Eggs. Lots of skills involved including dripping chocolate!

Exciting news for our Junior Cookery Club. They have been invited by Tesco to visit their bakery and get involved in baking bread! It will take place during the school day on Thursday 23 March. *Ms Thomson*



Internet Safety Week.

As we are all aware, the internet hosts many exciting opportunities for teaching and learning. The online world is a wonderful place for your children to explore, but just like the real world there are risks and dangers that they should be aware of and which, as teachers and parents, we should act to protect them from. With school and parents working together in partnership it is only right that we encourage the safe use of technology.

E-safety week laid the foundations, giving pupils across the age range the awareness to know what to do if they feel uncomfortable about anything they encounter while on the internet. Age appropriate assemblies, surveys, a quiz, safe surfing certificates and scenarios were interwoven into the pastoral care and PSHEE delivery during the week.

Year 6, in line with their AET Mathematics module, are in the process of collating the data resulting from the survey and seeking to establish the most appropriate chart or graph to illustrate their findings. They are looking for patterns and establishing the average amount of time that a Henstead child spends online and the nature of their online usage.

In addition, a parental seminar led by Mr McKinney, Miss Clifton and Mr Hunt explored the dangers of your children being able to access inappropriate content online. Consideration was given to the simple measures that can be taken to ensure that their computers, laptops and other devices with internet access are all fitted with parental controls and child operated protection such as Hector's World.

Childhood is precious and we must do all that we can to ensure that your children and our pupils have the best experience that they possibly can.

Miss Clifton

SPORTS ROUND UP



NETBALL

On Wednesday afternoon the Under 11 girls played a netball match against St Felix. Roaring to go, the girls went out determined to make an impact on the game. After a strong start by Henstead, we soon realised that we could not loop the ball over the opponents, as their height played a role in their excellent defending strategy. After realising that we needed to be in front of our players, we were able to get the ball safely into the goal circle. However, unfortunately for us, the ball did not want to roll in our favour and kept spinning off the rim of the goal.

Being down after the first half, we changed a few positions around and decided to put our two strongest defenders together. Addison and Lily worked extremely hard to defend our goal. They both stuck to their players like glue and Addison made some fantastic and crucial intercepts helping to keep the opposing score right down in the second half. Although we did not win this match, I was very proud of the girls for not giving up and for adapting their strategies to suit the play of the



game. Player of the match was awarded to Addison.

After the first game, Olivia, Sophia, Tabatha, Rachael and Kate played a match of Fast 5 netball. This is a slightly varied and more challenging version of the game that involves only five players instead of seven. Although the girls haven't had a lot of experience playing Fast 5, they too came out determined to win. By calling for the ball and directing the play of the match, Tabatha (in centre) ruled the court. After being one down at half time the girls knew that they had to dominate the second half- and dominate they did. We had possession of the ball about 90% of the second half but just like the first match, the ball did not want to roll in our favour and kept bouncing off the rim of the goal, leaving the score at 1-0 to the opposition. Overall it was an excellent game and Tabatha was awarded player of the match.

Thank you to all of the parents who came and supported our girls. They love having you there.

Mrs Jensen



Mascot Awards.

This week's mascot winners, for best demonstrating the school's value Adventure, are: Reception: Samuel who is always ready for an adventure and prepared to take part.

- Year I Jack doing brilliantly, with his new adventure of being a big brother.
- Year 2 Phillip for showing a positive and adventurous attitude when trying new activities outside his comfort zone.
- Year 3 Imogen F-T for an adventurous approach to fractions.
- Year 4 Matilda for getting straight back into her school work after half term.
- Year 5 Sophia for adventurously attacking ratios and proportions.
- Year 6 Tilly for adventurously leading the class in data collation in statistics.

Star of the Week



Nursery Star of the Week goes to Henry, who is being very kind and considerate towards his friends. Well done Henry! Have a fantastic weekend with Sparky. *Miss O'Mara & Miss Butcher*

World Book Day



Next Thursday 2 March we will be celebrating the 20th anniversary of World Book Day, with a busy schedule of book-related activities.Pupils may come to school dressed as their favourite character from a book.

PTFA Bingo Event



With the Family Bingo night on Friday 24 March fast approaching, the PTFA would be most grateful for any donations of Easter eggs for game prizes please.

UNIFORM SHOP

Opening Times Tuesday 8.15-9.15 Thursdays 3.15-4.15













