



# The Old School Henstead

## Newsletter

Spring Term 2017 Issue 3 27 January 2017



### Calendar for next week

Wednesday 1 February  
Friday 3 February

2.00 U11 Football Tournament at St Felix  
8.45 Year 3 Assembly  
2.15 U9/U11 Netball v Hethersett Old Hall (A)

### Dates for your diary

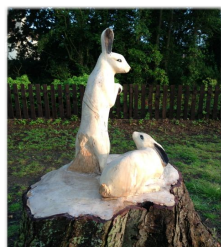
Tuesday 7 February

4.15 Parents' E-Safety Seminar

### Message from the Headmaster

I believe that it is the values of our wonderful school that are fundamental to its success. A culture of achievement is a laudable aim for any institution and in a school, this is made a reality by happy and fulfilled children. If our pupils look forward to coming to school every day, because they feel valued and secure, then there is a genuine platform for them to make progress. This, in turn, requires precepts like tolerance and respect to be transparent currencies in day-to-day school life. It is this that is our daily duty, our privilege and our aim here at The Old School Henstead. We welcome young and those with greater life experience, new visitors and seasoned to our Open Morning tomorrow.

Mr McKinney



## Open Morning.

tomorrow



Our next Open Morning takes place tomorrow, Saturday 28 January. Pupils' registration will take place at 9.45. We encourage family, friends and other visitors to arrive between 9.45 and 10.00 so that they may choose their options for the morning. We will end with a barbecue at 12 noon.

It is also an opportunity for parents and grandparents to join their children in school for the morning. We appreciate your support in spreading the word.

# Early Years News.



The Early Years children have been celebrating the Chinese New Year this week. As part of our celebrations we enjoyed a Chinese snack. We were treated to a variety of Chinese food - prawn crackers, sesame toast, spring rolls, noodles and seaweed. Some of us tried to eat our snack with chopsticks! We all tried everything, but have decided that prawn crackers are the best!

The Nursery role-play corner has been transformed into a Chinese restaurant. The children have enjoyed using chopsticks and wool as noodles in takeaway dishes and serving them in authentic Chinese crockery. We dressed up in some beautiful Chinese silk outfits and made some Chinese lanterns. We have been learning a Happy New Year song in Chinese. Here it is if you would like to practise:

Happy Kung Hei Fat Choy  
Happy Kung Hei Fat Choy  
Happy New Year Everybody!  
Happy Kung Hei Fat Choy

(To the tune of 'Happy Birthday to You')

The Nursery Chinese takeaway is also open. Get your orders in early!

*Miss O'Mara & Miss Butcher*



## Nursery Star of the Week ★

Nursery Star of the Week goes to Isabella, who has been working hard practising her number work and Miss O'Mara and Miss Butcher are pleased with the effort she is putting in. Well done Isabella. We know you are excited to have Sparky to come and stay so have a great weekend!





# Reception Roundup.



We left the UK this week and started learning about China's traditions and festivals. We look forward to welcoming guests to our classroom on Open Morning where they can see our colourful displays and take part in some Chinese New Year celebrations.

We continue to progress with our digraph sounds and have all been working very hard in our weekly spelling tests. Mr. McKinney has awarded three AI's in Reception due to the high standard and accuracy of the spelling tests. Well done everyone.

In maths we have been looking at one more and one less. We have also been talking again about shapes and how we can identify them.

In keeping with our *All Around the World* topic, we have shown the children work created by famous artists from around the world, and with support from Mrs Dakin, we have created some lovely artwork, which is similar in style to Joan Miro and Van Gogh. Take a look tomorrow.

*Mrs Scriven and Mrs Dakin*



# Measured Results.



Yesterday morning Year Three decided that they would like to utilise their learning of measuring perimeter beyond classroom objects and apply it to real-world situations where a strong understanding of perimeter could be useful.

Armed with measuring equipment they carefully measured various areas around the school including the hall, tennis court, garden, Year One classroom and even the football pitch.

What really stood out to me was not just the accurate measurements and careful use of the equipment, but so too the co-operative teamwork. Observing how the children shared the roles and co-ordinated themselves around the school grounds was, as always, a pleasure to witness.

*Mr Hunt*





# SPORTS ROUND UP

## Football, Netball & Swimming



### FOOTBALL

Friday saw Henstead host our first ever mixed football fixture against Hethersett Old Hall School. A team of boys and girls from Years 3,4, and 5 was selected to play.

Henstead controlled the game the whole way through. We started off brightly, finding ourselves on the attack for much of the first half with Ebony, Addison, Skye and Francis playing some lovely attacking football, creating numerous chances, only to be kept at bay by Louis M playing in the opposition goal! Despite wave after wave of attacks, Henstead still couldn't find a breakthrough, Hethersett settled into the game as the half progressed and caused some nervous moments in defence when on the counter attack, however the solid defending and goalkeeping from Matthew, Alex and Archie kept the score 0-0 at half time.

A quick reshuffle of goalkeepers and we were underway for the second half. A similar pattern of play was to follow, Henstead on the attack for most of the half but with Hethersett keeping us on our toes with some counter attacks of their own. It wasn't until half way through the half when Archie broke the deadlock with a stunning strike from distance, the floodgates then opened with Francis and Ebony then scoring a goal each in quick succession.

A very pleasing performance from everyone involved, great passing and moving football resulted in a 3-0 win. *Mr Hunter*

### NETBALL

On Wednesday, the Under 11 netball girls travelled to Woodbridge for some mixed matches with The Abbey. This was the first fixture of the season and the girls were very excited.

After a series of warm up exercises, the girls were split into three teams, each playing 30 minute matches. Tilly, in centre, took charge of the game and helped her team get the ball down to their attacking goal. However, Bethany was not going to let the Red team win and scored not only her first ever goal but also numerous others. The final score of that particular match was 6:6.

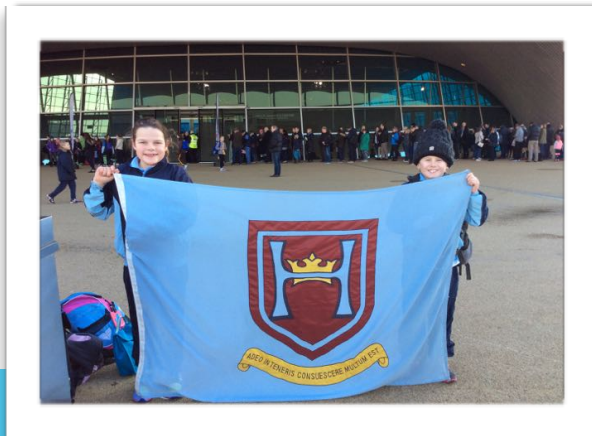
Rachael (goal keep) and Beth (goal defence) have both begun to find their place on a netball court and made some exceptional intercepts.

Many congratulations to all the girls, each of whom played a vital part in what was a fantastic afternoon of netball. It is so wonderful to see the girls beginning to use the strategies learnt during Games lessons and start to use them effectively in a competitive match. *Mrs Jensen*



# SPORTS ROUND UP

## Swimming



### ISA National Swimming Championships

On Saturday the 21st of January 2017, I took part in the Independent Schools' Association swimming finals at the London Aquatics Centre, Queen Elizabeth Olympic Park in London.

I woke up in the morning feeling nervous because I have never swum in a fifty metre pool before. When we arrived in London we met Joe and his family, also from the Henstead team.

Having queued to register, I was given a swimming cap that identified me as a team member representing East Anglia. We headed inside and changed into our racing suits. At the poolside, everyone was ready to go.

My race was coming closer and closer. It was the medley relay. On the starting gun, the backstrokers shot out into the pool, followed closely after them by the breaststrokers. Now the butterflyers... And finally it's me, the freestyler to finish.

I dive in and kick my legs as fast as I can. It was all over in a flash. My team came fifth out of eight finalists. After a brief break we were back on the poolside ready to race again.

I am about to start my individual race: 50 metres freestyle... No more team swimming.

It's all over in a flash, again. I can't believe I've done it!

Time for a very well earned rest!

Tilly Dodds - Year Six







# Cooking up a storm.



Week 3 of the Junior Cookery After School Club took place yesterday.

This week's recipe was chicken kebabs, constructed using chicken, chorizo, peppers, onions, tomatoes and barbecue sauce.

It required new skills of dexterity and concentration to fill the skewers with tasty ingredients, with impressive results.

The junior chefs are growing in confidence while expanding their portfolio of recipes.

We wait to find out what is in store next week.

Well done all.



## A cut above the rest.

As a finale to all they have learned about printing techniques through the school, Year 6 pupils have been working on the classic technique of lino cutting - paradoxical in that the simplest designs often work the best, but attention to detail is needed to achieve a good finish. An inspiring collection of natural themes have emerged with badgers, rabbits and owls featuring prominently. I'm sure Nan won't miss her kitchen floor...



*Mr Butcher*

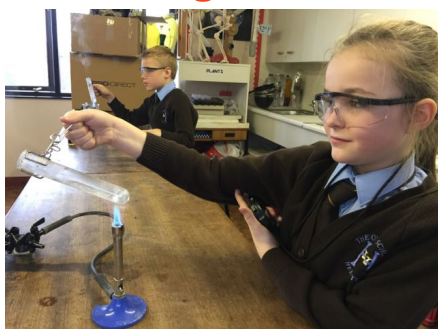
# Mascot Awards.

This week's mascot winners, for best demonstrating the school's value Empathy, are:  
Reception: Elliot, for his very empathetic manner and constant willingness to help and support others.

- Year 1 Chase, for always being ready to help others
- Year 2 Bertie, for empathising with the characters in his writing
- Year 3 Harry S, for helping his friends during learning sessions across the curriculum
- Year 4 Daisy W, for showing support and encouragement in keeping peers on task
- Year 5 Matthew, for a continuing positive attitude towards school in all areas
- Year 6 Daisy McD, for the empathy and kindness that she demonstrates each and every day supporting her peers



## Budding Scientists



Our budding scientists enjoy an exciting lesson in the science lab.

## Attain Magazine



Last week's visit by award-winning author Linda Davies, writer of *Longbow Girl* has been featured online in *Attain*, the magazine of the Independent Association of Prep Schools. You can read the article online at: [attain.news/n10752](http://attain.news/n10752)

## New Authors



Five Year Two pupils celebrated the publication of their short stories as winners of a national writing competition. They were excited to unwrap the books and see their names in print. We congratulate their excellent creative writing, which was actually undertaken while they were still in Year One.

## PTFA

News Extra

**Family Roller Skating**  
Saturday 28th January  
3:30-5:30, ages 4 1/2 up.  
Limited places on a first come first served basis. £3.50 skaters (includes skates & chips!); £1 spectators (includes chips).

**Next PTFA Meeting**  
Monday 27 February 3:30pm at school.

**Family Bingo** Friday 24 March 6:30pm

**Summer Ball** Saturday 8 July.  
Save the date!

## UNIFORM SHOP

Opening Times  
Tuesday 8.15-9.15  
Thursdays 3.15-4.15



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