



The Old School Henstead

Newsletter

Autumn Term 2015 Issue 5 9 October 2015



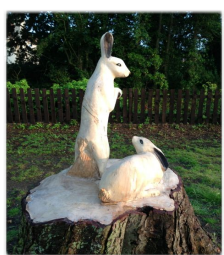
Calendar for next week

Monday 12 October	Launch of Operation Christmas Child Shoebox Appeal in Assembly 9.15 Year 2 visits Southwold
Wednesday 14 October	9.05-11.05 EYFS Reception & Nursery Stay & Play 2.30 U11 Hockey v The Abbey (A)
Thursday 15 October	Inter-House Art Competition Inter-House Quiz
Friday 16 October	Nursery & Reception visit Norwich Years 1-6 Problem Solving Projects & Challenges Half Term Begins

Dates for your diary

26-28 October	Holiday Club (bookable via the Office)
Monday 2 November	Term Resumes
Friday 6 November	8.50 Remembrance Service at St Mary's Henstead

Message from the Headmaster



We were delighted to welcome so many families, friends and guests to the school for our Open Morning. It was a splendid occasion from the outset - the children were in good voice in Assembly and the mascots winners were applauded with the customary enthusiasm. All had a chance to see the range of activities the boys and girls were so clearly enjoying. Kandinsky's circles were all around in Early Years. The French Café in Year One was open for business and trade was brisk, with the target language added to the taste experience of early morning brioches and croissants. Year Two had some splendid art work in progress and on display. Year Three exhibited their new outdoor skills and added an appreciation of RE to the mix! Year Four recycled furiously, whilst our seniors showed how the literary and numerical skills are progressing. The sunny weather was perfect for a carousel of sports activities, led by years Five and Six. Our new multi-purpose sports court is now complete, resplendent in school colours. We were also delighted to announce our support for the East Anglian Air Ambulance as our chosen charity for this year. A super day!

Mr McKinney

Gardening pays dividends.

Our dedicated gardeners started to pick the fruits of their labour this past week - organic potatoes, onions and pumpkins! Lots of tasty vegetables to incorporate into our lunches.



A taste of the 16th Century.

Year 5



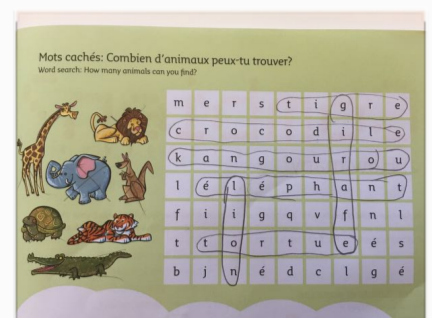
Year Five's intrepid time travellers found themselves in 16th Century Great Yarmouth on Tuesday. As guests of the Cowper family as they celebrated the safe return of another of their vessels from its endeavours in the spice trade. After trying on suitably grand clothes for the occasion our young Tudors busied themselves writing licenses for the local beggars. The young maids astonished their tutor with their skills with ink and quill giving the young masters a run for their



money. Next to the dance floor where they stepped out a stately Pavanne and the unabashed 'Hermit's Brawl' to some adeptly fingered melodies. All such curtesies coming to an end the tables had to be laid for the approaching feast with the guests apportioned in their fitting degrees 'above or below the salt.' In all a wonderfully immersive few hours which have set the class up well for their current work on Tudor life.

Mr Butcher

Histoires en deux langues.



At Wednesday's Open Classroom Year Three pupils were finishing their stories about Savitri and her adventures in the jungle, followed by handwriting exercises, with a recurring theme of fast food restaurants!

After the joys of English composition - with Mrs Suffolk and Miss Goddard - it was a swift change to MFL with Mr McKinney. The boys and girls treated the parents to a spirited rendition of "Bonjour mes amis", but there was

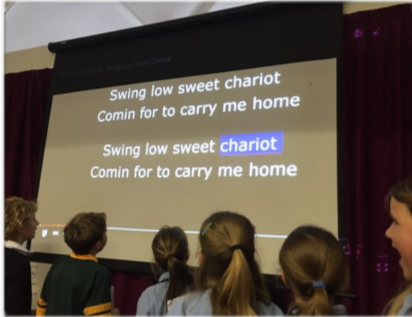
not enough effort in joining in first time around, so a repeat allowed the opportunity for a much better parental effort! Four language stations and a seven minute slot for each were the tasks for the lesson: an iPad listen and choose the correct phrase; cards to say and test your partner; mots cachés and label your zoo, with serpents et échelles, Gruffalo style to finish. Félicitations à tout le monde!

Mrs Suffolk, Miss Goddard & Mr McKinney

Rugby, Roman Numerals & Writing!

the 3 R's?

Year 4



Assembly:

On Wednesday morning it was the turn of Year Four to lead Assembly. The class had chosen the Rugby World Cup as their topic.

Computing lessons were used to conduct research and we managed to test our typing skills when writing our scripts.

After a nervous start at rehearsals, all members of Year Four had grasped how the Assembly would run and knew their lines well. Even Alex had succeeded with Georgia and Namibia - much to his classmates' amusement.

On the day the Assembly, performed to a packed audience, went very well. A good sing along to 'Swing low sweet chariot', some interesting facts about the origins of Rugby and the Rugby World Cup shared and even time for a whole school Haka at the end!

A thoroughly entertaining assembly for all to see.



Open Classroom:

Directly after Assembly Year Four pupils went straight to an open classroom, where visiting parents and grandparents were able to come and see an English and maths lesson in action.

First up was an English lesson - with Mr Tiley-Nunn, where the children could show off their writing skills, by taking a paragraph from 'The Firework Maker's Daughter' and changing it to their own paragraphs - adding in some new characters, interesting descriptive words and seeing what their end product was like. It was great to see parents and grandparents get involved with this lesson and really help with the paragraph writing.

Next up was a Maths lesson - where Roman Numerals would cause some trouble for both adults and pupils trying to understand how to write numbers from 1-100 in numerals only. Then a Crocodile entered the room to work on 'Greater than - Less than' to see if the children understood this rule.

A fantastic morning from Year Four who really enjoyed having family members in the room to show off their classroom. Thank you to everyone who was able to attend.
Mr Hunter



Nursery News.

Nursery to the rescue!

To conclude our transport theme, Nursery had a visit from HM Coastguard and Mr Raven's shiny new red tractor.

Firstly we had a safety talk from coastguards Claire and Alison and learnt how to stay safe around water. We also learnt about the procedures they undertake to rescue people in danger. The children listened with eager ears and even got to try on a life jacket and sit in the truck and listen to the siren.

Next was Mr Raven's new red tractor. We were kindly allowed to sit in the special driver's seat (although our legs didn't reach the floor!) and beep the horn and Mr Raven told us a funny story about his tractor getting stuck in the mud and had to be rescued by an excavator!

Thank you for taking time to visit us Claire, Alison and Mr Raven!



Nursery Star of the Week



Nursery Star of the Week goes to Isabella, who has settled fantastically into her new Nursery and getting used to Nursery life.

Miss O'Mara and Miss Butcher



Pedagogical Ponderings.

We know how frustrating it can be when things don't go our way. It can be such an infuriating experience, and often we feel so isolated from everyone else that we get a sense that we're battling alone.

Being humans, the natural reaction to these situations is to react in anger. I don't think there'd be anyone who would claim to have never been angry. One important lesson that I think children should be taught is that it's ok to feel angry. Anger is just another of life's emotions, and blocking it out, I think, can be a recipe for disaster.

This third lesson that the All Blacks can teach us is to keep a blue head. Red is the colour that is associated with love and anger (paradoxically!). When we're angry, we feel red, don't we? We feel like we want to explode. On the rugby pitch, if players lose their cool

and are 'red headed' they fumble, they make even more mistakes, they panic and they fail. Ultimately, what the All Blacks train to do is to stay calm under pressure, to be a blue head.

We should teach this same lesson to children. Life doesn't always go the way they want, life does throw them curveballs at times, and these curveballs can make them angry. And that's ok. What they do with the anger is even more important. Teaching children to be blue headed will help them to cope with stress, disappointment, anger, resentment, pressure, and will help them to take each situation as it comes with a clear and reasoned head.

So the lesson here? It may be a cliché, but - keep calm and carry on.
- Mr Jensen



Operation Christmas Child

Once again we will be supporting *Operation Christmas Child* - the world's largest children's Christmas project - by filling shoe boxes with gifts for children less fortunate than ours. You may watch some children receiving their shoeboxes in Ukraine and Liberia in a short 3-minute film by clicking on the following link: http://www.youtube.com/watch?v=FIC_sHK4mjs

Leaflets will go out on Monday, but in summary...

- Please wrap an empty medium-sized shoe box and lid separately.
- Fill it with new gifts* - fun toys, non-liquid hygiene items and school supplies (see leaflet for ideas). **No clothing or food items** permitted this year.
- You may include a personal note and photo of you and your family (optional).
- Please do not seal the box, but use an elastic band to keep the lid and box together.
- Affix a label from the leaflet (to indicate the age range and if your box is intended for a boy or girl).

Each box requires a **£3.00 shipping donation**. You can pay this by cash or

cheque (using the envelope attached to the leaflet) and place it in your shoebox, or pay online at www.operationchristmaschild.org.uk. If you pay online, at Follow Your Box, you will generate a barcode to print off and place inside your shoebox. Paying online also means that you will receive an email to tell you the destination of your shoebox.

Shoeboxes should be brought to school *first thing on **Monday 16 November*** (not before please, unless of course your child is not due in school or Nursery that day), when the charity will collect them. Let's try and fill the van!

*No used or damaged items; clothing; war-related items such as toy guns; knives or military figures; playing cards (4 suit variety); seeds; chocolate or food; lotions or liquids; medicines; hand made stuffed toys; anything of a political, religious or racial nature; sharp or fragile items.

Southwold Post Office is generously offering a 10% discount on all purchases for your shoeboxes and is happy to help with suggestions from their range of toys, puzzles, pens, stickers, notebooks and small sports items.



SPORTS ROUND UP

Cross Country



CROSS COUNTRY

With the sun shining high in the sky, 32 children and a host of parents and family members made the annual pilgrimage to Gresham's cross country event.

This was our largest contingent of runners ever, but with so much young talent to choose from, it seemed silly to leave anyone behind.

The U9 boys started the morning's events. Freddy slipping over the line in 36th position was the first Henstead boy home, with the rest following in close succession.

In the girls' event, Daisy W crossed the line in 33rd, one of several Year 3 girls coming in the top third of the field, whilst the Year 4 girls exemplified our school value of teamwork.

With the U11 boys' race about to start, there was only one question on everyone's lips, how was George going to be able to run without his side kick. The answer was very nicely indeed. Savile did not join the school until after the cross country season last year, so this was our first chance to see how good he really

is. A finish of 41st, when running out of his age group indicates perhaps a top 20 finish next year.

Our Head of School, Charlotte, led by example, running a super race to come 32nd. The U11 girls finished predominantly in the first half of the field - an excellent result when you consider that there were over 220 competitors in each race.

Many thanks as always for the help and support from parents. It is truly appreciated.

Mr Hunter

HOCKEY

Today's Hockey fixture will be reported in next week's newsletter.

Bonfire & Fireworks Party!

The school PTFA will host its annual Bonfire and Fireworks Party on Friday 6th November from 6.30pm.

Tickets (available soon) will be priced at £5.00 for adults and £3.00 for children and include entrance and a hot dog.

The evening will include PTFA-run stalls selling hot and cold drinks, snacks, toffee

apples, sweets and the all important glow sticks!

The event is one of the best nights of the year and so we do hope as many of you as possible will be able to join us and share the fun.

Anyone interested in helping with the event planning, or on the night with car park allocation, please speak to Jenny Hadingham or a member of the PTFA.

Mascot Winners



This week's mascot winners, for best demonstrating the value Confidence, are:

Nursery: Isabella
Reception: Jack W
Year One: Bertie
Year Two: Harry L
Year Three: Jack L
Year Four: Tabatha
Year Five: Jessica
Year Six: Isabelle

Learning Trail



This week's Rugby World Cup Learning Trail winners are: Savile, Jasper and George T. Well done!

Story House



Children are enjoying stories in our new Story House. Be sure to check it out when you are next in School.

Recycling

Inspired by their recent visit to the Green Britain Centre, Year Four built their own recycling line.



UNIFORM SHOP

Opening Times
Tuesdays 8.30-9.30
Thursdays 3.15-4.15

PTFA

News Extra

Family Bingo Fun Friday 9 October. Adult £5 / Child £3

PTFA AGM & Meeting - Change of date and time to Monday 12 October 7.00pm

Pampered Chef Evening Tuesday 10 November 7.30pm. £5 including light refreshments.

Bonfire & Fireworks Evening Friday 6 November

Children in Need Thursday 12 November am. Choir singing in Beccles town centre, plus cake stall, all in aid of Children in Need.

Christmas Fayre Saturday 28 November 12.30



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