



The Old School Henstead

Newsletter

Summer Term 2015 Issue 3 15 May 2015



Calendar for next week

Monday 18 May

Assembly Talk by *CLIC Sargent* Fundraising Manager
Morning visit by Nursery to Raven's Farm
4.10 Parents' Seminar - Year Three Curriculum 2015/16
Book Fair Ends

Tuesday 19 May

9.00 Year 1 visits Dinosaur Park

Wednesday 20 May

2.00 U9 Rounders & Cricket v Brandeston Hall (H)

Friday 22 May

9.00 The Henstead Hike in aid of *CLIC Sargent* (whole school event)
Half Term Begins

Dates for your diary

Monday 1 June

8.35 Term Resumes

9.30 School Photograph

Message from the Headmaster



Mr Tiley-Nunn, Miss Clifton and I were pleased to host the first of this term's seminars this week - Healthy, Happy Learning. We continue to review and assess all aspects of the curriculum here at The Old School and it was a valuable opportunity to share our plans for the development of mindfulness and healthy eating at the school and receive feedback and ideas from parents. We look forward to seeing you at our presentation on the forthcoming Year Three curriculum next week.

May I take this opportunity to welcome our guests, friends and all members of the Henstead community to the Open Morning. Both pupils and staff relish the chance to show you the kind of learning that makes every day here such fun. We hope that you will enjoy joining in!
Mr McKinney

Open Morning Saturday 16 May 2015



We will throw open the doors to parents, grandparents and visitors once again at our Open Morning on Saturday 16 May, when we invite people to come into the school and see lessons in action. The children are always keen for family and friends to see what they get up to at school and it is a great opportunity to see the varied learning activities in progress across the entire school. The morning also gives us the chance to show our appreciation for extended family members who may support the children and school in many practical ways.

We would ask that visitors arrive at 10am on the day (pupils should arrive for registration at 9.45) as the programme of activities and tours is organised around a schedule that is explained at the start of the morning, so that visitors can select the options relevant to their children and/or particular interests. The Nursery will be open for any families wishing to bring children of Nursery age or are interested to look round and meet the Nursery team.

We look forward to welcoming you and your guests tomorrow.

Fundraising Concert.

Supporting

CLIC
Sargent



Our children provided a wonderful evening's entertainment last Friday.

It was exciting to see nearly every child in the school involved in music making of such a good standard.



The soloists were poised and confident, enjoying the opportunity to share their music-making with an audience.

The choirs, singing and speaking, were in fine voice and showed a keen sense of occasion whilst the recorder groups organised themselves with rhythmic accuracy and excellent ensemble. We are grateful to the Reverend Croll for allowing us to use the United Reformed Church which proved to be such an ideal venue.



Thank you to everyone who supported the event. The children were thrilled to learn that, thanks to the generosity of the large audience, almost £700 was raised for the CLIC Sargent fund for children with cancer.

Miss Sindall



Budding Archaeologists.

Year One



On Monday morning, Year One had a visitor to their classroom; an archaeologist came to talk to the children about her interesting job. This archaeologist also goes by the title of Mrs Raven, Isobel's Mummy.

The children listened really carefully, as Mrs Raven explained the differences and similarities between herself and a palaeontologist.

We were able to touch marble and pieces of pottery that were over 2,000 years old! We were fascinated by the pictures of skeletons and enjoyed listening to the stories behind the photographs.

Thank you to Mrs Raven for talking to the children with such knowledge and enthusiasm; the next generation of archaeologists and palaeontologists was inspired!
Ms Thomson



Junior Gymnastics Gallery.

Reception & Year One



Animal magic!

Year Two



Year Two increased their animal knowledge at *Africa Alive* this week.

As all of us had been to *Africa Alive* before with our families, and had previously collected the stamps and medals from touring the park, the focus of the day was on the educational workshops they could provide.



In the first one, 'Babies and Growth', we learnt about animals that were born from eggs and mammals which have live birth because the baby is nurtured and grown inside their mother. We saw an Ostrich egg (the biggest egg in the world!), python eggs, snail eggs and spider eggs and even met a baby Royal Python and a baby Leopard Tortoise (called R I I). We talked about animals that look exactly like their adult parents when they are born, just much, much smaller and those that transform through various stages into adulthood, like frogs and butterflies. We talked about skin, and how if it didn't grow with us, we would have to shed it like a snake! We all saw and touched some snake skins. We also met a gorgeous baby Guinea Pig called Pretzel, representing mammals and an animal that is identical in all but size at birth to an adult, and learnt how she, and many animals in the world are left to fend for themselves from the word go. We are grateful we have a family to look after us (forever!)



In 'African Adventure' we looked through our imaginary binoculars to the Savannah lands and saw real lion footprints and discussed the animals that lived on the grassy plains. We met an adorable Spiny Mouse, called Sherlock, who was good at hiding in the long grass, had huge ears to help him hear things at night when he is out hunting for food and has a spiky

back to ward off predators. Next our binoculars took us to the Desert, where we saw a real Aardvark footprint and met Maple the Pancake Tortoise. We saw how her body helped her to survive in this hot, rocky, desert habitat - her gripping claws meant she could climb any sheer rock face, and her slim body meant she could slip in between craggy rocks and was completely camouflaged with her clever shell as it looked just like a rock! We then imagined ourselves in the Rainforest (or Jungle) and met Colin the Madagascan Hissing Cockroach, Frankie the Millipede and Jack Sparrow the Giant African Land Snail and saw how their hard shells helped to protect them from predators.

The 'Action Safari' took us outdoors around the park and we saw Laura feed the Giraffes and Sam feed the lazy Lions as well as playing the Lion and Zebra Game where a pride of Year Two roaring lions communicated to a blindfolded lion where its frightened Zebra prey was within the huge circle. That was fun, as was the True or False Gazelle name game!

Our final session, 'Build an Animal' saw us learning about exoskeletons and choosing different body parts to build the ultimate animal - lots of eyes to see, a tail to grip and swing from trees, a huge mouth with lots of teeth for eating, strong legs for kicking and wings to fly to escape predators. We called it TOSH!

A huge thanks to all the staff at *Africa Alive* for a fantastic day, and special thanks to Mrs Staniforth, our parent helper on the trip, who I know was very impressed by the children's knowledge and behaviour.

Miss Kay and Mrs Dakin

SPORTS ROUND UP

Cricket



CRICKET

Wednesday afternoon the Under 11 Cricket team headed off to Thorpe House Langley Preparatory School for our first fixture of the summer term.

Sonny won the toss and chose to put the hosts in to bat. The opening bowling combination of Sonny and May kept the hosts run rate to 3 an over. May also managed to claim a wicket in her second over. George and Oscar managed to keep THLPS to minimal runs when they were given the ball. The bowlers were helped out by all the Henstead fielders, with George taking a sharp catch, the Bird brothers putting their bodies on the line to stop boundaries and the whole team alert and showing its fielding prowess.

Towards the end of their 18 overs, the THLPS batsmen began to up the run rate and really go for their shots. However Henstead kept them to a reachable target of 97 to win.

Our opening batsmen of Taylor and Taylor didn't hesitate in chasing down the target set, making a solid start of 19 off the first 3 overs. The first wicket to fall was Oscar who was smartly caught out of his crease. Sonny was next up, making an entertaining 8 - before playing across the line to a straight delivery. The partnership of the match, George and Nick, kept us ticking along nicely - both ran well between the wickets, sweeping some balls for 4. George was next out allowing May to come to the crease: she showed confidence and played some fine cricketing shots. Nick's run was brought to an end as he was bowled, bringing Jack in to bat, who played some confident shots before losing his wicket. Our next batsman was James, who alongside May, kept the scoreboard ticking over, just missing out by 16 runs at the end.

A very entertaining game for the spectators, with many of the Henstead team setting themselves a new top score when batting.

A very good start with hopefully more to come over the next few games.

Mr Hunter





Healthy, Happy Learning.

Caring to Achieve - As our children's lifestyles become ever more busy, we must allow them time to just be, to be mindful and be comfortable with who they are as they grow. This becomes part of our PSHE syllabus and an aspect of the pastoral care of our children.

As parents and educators of young children and young minds we share a common aim. We want our children to be happy and successful in all that they do. We want them to become compassionate human beings so that they are able to approach others, to understand, to notice and to engage. They will need courage, wisdom, tolerance and empathy. If we are to succeed as educators and parents we must teach our children self-regulation and to develop self-compassion and to be kind to themselves.

School and home need to work together. Constant vigilance and an open door policy where we share issues and deal with them at the earliest possible opportunity will provide the support for the inevitable challenges they will face through their school journey.

Studying hard and growing fast equals hungry children. We aim to guide our children to be the best that they can, giving them the best possible start in life. A well-balanced diet has an important part to play.

It is essential that our children eat regular and nutritious meals and a fact that this will lead to greater concentration skills. Snacks such as chocolate, crisps and sweets not only fail to keep hunger at bay, they potentially lead to lifelong unhealthy habits. Therefore in line with best practice and medical guidelines, **sweets, crisps and chocolate will no longer be permitted as snacks or as part of lunchtime meals.**

It is a scary fact that sweetened drinks have often have a very high sugar content – some recording seven spoons per carton! **Water** provides a sound alternative and will therefore be the **only drink permissible during the school day.** These changes will be implemented upon returning after the half term break.

Parents' Seminar

Get Running!

T20 Cricket Trip



We will be holding our second seminar for parents this term, where we will share developments to the Henstead Year 3 curriculum for the academic year ahead:

Year Three Curriculum 2015/16
Monday 18 May 4.10pm.

All parents are welcome to attend.

Calling all runners (and keen walkers)! Our annual parents' fitness challenge will be the Henstead Half Marathon on Friday 3 July, to raise funds for our building projects. Over the last two years parents have undertaken the Three Peaks Challenge and the Henstead Hundred (100 mile cycle run), always with the finish line at school, where the pupils cheer home the parents. This year we welcome participants interested in running or walking the Henstead Half Marathon route. Full details coming soon. In the meantime, dig out those running or walking shoes!

We have 10 tickets available for the Natwest T20 blast match between Northamptonshire Steelbacks and Lancashire. The match is on Friday 19 June starting at 6.30pm. We will leave school at 3pm. As with previous trips we will be offering overnight stay at school. The cost is £25.00 and open to all children in Years 3-6. Should you be interested or wish more information, please see Miss Goddard or Mr Hunter.

Henstead Hike 2015

Supporting



Following tradition, after two years of fundraising for *Walking with the Wounded*, our annual Henstead Hike on Friday 22 May will be a whole school charity fundraising event in aid of *CLIC Sargent*.

Starting at school we will head through Rushmere, Mutford Wood, Carlton, Rookery Park and Carlton Marshes, finishing at Nicholas Everitt Park in Oulton Broad for a Barbecue around 2:15pm.

Children from Nursery through Year Six will take part in this sponsored walk, starting at age-appropriate points along the route. Parents are also invited to join us for a great day in aid of a fantastic charity.

We are looking forward to hearing more about the charity's work in a talk from CLIC Sargent's Fundraising Manager, Daisy Turner, in Assembly on Monday morning.

7 days to go. Please help us raise lots of money for such a great charity.

Sponsorship forms have gone out and an online fundraising page has been set up on Virgin Money Giving:
www.virginmoneygiving.com/team/HensteadHike2015

Act of Kindness



We wish to commend Tabatha for her donation of the contents of her piggybank to our *CLIC Sargent* appeal. Tabatha has been collecting 2p coins in her handwriting practice, which involves holding a 2p coin to obtain the correct grip for writing, then afterwards depositing the coin in the piggybank! She saved £2.50, which the school has multiplied to £10. Thank you Tabatha.

Gold Certificate



Congratulations to Harry S for his award of a Gold Certificate for achieving 15 A1's.

Nursery Star



Nursery Star of the Week award goes to Oscar, who has settled really well into Nursery life. Oscar is very excited to have Harry Henstead to come and play!

Learning Trail



This week's Learning Trail winners - on the theme of Flowers - will be announced in Saturday's Open Morning Assembly.

Mascot Winners

This week's mascot winners, for best demonstrating our school value Teamwork, will be announced in Saturday's Open Morning Assembly.

PTFA
News Extra

Next PTFA Meeting
Tuesday 19 May at 7.30pm.

Summer Fayre Wednesday
1 July, following Sports Day.

Henstock Festival Saturday
11 July 2pm. Save the date!

UNIFORM SHOP

Opening Times
Mondays 0830-0930

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